

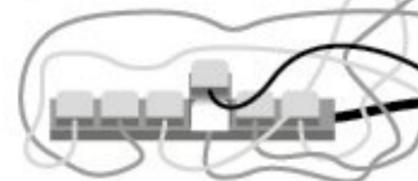
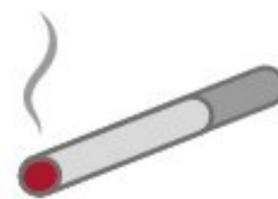
# COVID-19 Home Fire Safety Checklist



**With all of us spending more time at home due to COVID-19 there can be an increased risk of fire.**

**Here are some steps to help you stay safe in these challenging times:**

- Don't leave cooking unattended** and don't cook if you're tired, under the influence of alcohol or drugs or on strong medication.
- If you smoke, **smoke outside**, at an open external door or window and never while under the influence. **Always use an appropriate ashtray.**
- Using a laptop? Make sure it's placed on a hard surface **to prevent overheating.**
- Always turn** computers and laptops **off at night.**
- Don't overload** electrical sockets.
- Make sure all common areas and exits are **kept clear** of any combustible materials and don't leave any items in escape routes.
- With bin collections reduced at this time it is important that flammable items like cardboard or paper are **safely stored.**

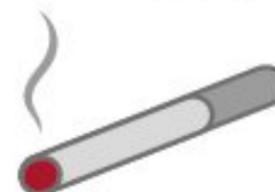


# COVID-19 Home Fire Safety Checklist



## At night when you go to bed:

- Ensure white goods such as washing machine, dishwashers or tumble dryer are **switched off**, and **never used while sleeping or out**.
- Switch off** all electrical appliances not designed to be left on overnight.
- Don't leave** chargeable items like phones and tablets **charging overnight**.
- Turn off** portable heaters and put a fire-guard around the fire place.
- Keep mobility aids and any methods of calling for help **accessible** for a cared for person.
- Before going to bed, check any candles and cigarettes are **extinguished**.
- Make sure the main door keys are **accessible and in a safe place**.
- Close all the internal doors** before going to bed.



## And finally:

- Make sure you have **working smoke alarms**. Test them **once a week**.





**#MAKE THE  
CALL**

**AND YOU COULD HELP  
SAVE A LIFE**

---

**#MAKETHECALL 0800 0731 999**

to book a free **HOME FIRE SAFETY VISIT**

or text "**FIRE**" to **80800** from your mobile phone



#MAKE THE  
**CALL**

AND YOU COULD HELP

**SAVE A LIFE**



**SCOTTISH**  
**FIRE AND RESCUE SERVICE**

Working together for a safer Scotland

Do you know someone  
**OVER 50** who  
**SMOKES?**



.....  
And do they meet one or more  
of the following criteria:

- Living alone?
- Mobility issues?
- Using medical oxygen?

THEY MAY BE AT **GREATER RISK OF FIRE**  
AND WE NEED TO REACH THEM!



**#MAKETHECALL**

**0800 0731 999**

to book a free

**HOME FIRE SAFETY VISIT**

or text "FIRE" to 80800 from your mobile phone



SCOTTISH  
FIRE AND RESCUE SERVICE

Working together for a safer Scotland

# Do you know someone **OVER** **50** who **SMOKES?**

.....

And do they meet one or more  
of the following criteria:

- Living alone?
- Mobility issues?
- Using medical oxygen?

THEY MAY BE AT **GREATER RISK OF FIRE**  
AND WE NEED TO REACH THEM!

