

13/10/2017

# VOLUNTARY ACTION ANGUS WEEKLY BULLETIN

The Learning Tree Partnership supports people in Angus with a learning disability.

We offer training and learning in customer service and supported volunteering opportunities.



The Learning Tree Partnership

## Pop-up book shop

from 17th - 21st October 2017  
in OB's, 19 West Port, Arbroath

### Opening times

Tuesday 17th October 1pm - 4pm  
Wednesday 18th October 10am-4pm  
Thursday 19th October 10am-4pm  
Friday 20th October 10am-4pm  
Saturday 21st October 10am-4pm

Please come along, have a cuppy and browse  
our range of used books and CD's

[www.thelearningtree.org.uk](http://www.thelearningtree.org.uk)

The Learning Tree Partnership is a Charity in Scotland  
Our Charity Number is SC046044

## ANGUS CLOTHING BANK

**WHEN**  
EVERY TUESDAY  
1PM - 3:30PM

**WHERE**  
ST JOHNS  
METHODIST CHURCH

15 PONDERLAW STREET, ARBROATH

THE ANGUS CLOTHING PROJECT IS A JOINT VENTURE  
BETWEEN ST JOHNS METHODIST CHURCH AND THE  
HOMELESSNESS SUPPORT SERVICE, ANGUS HEALTH &  
SOCIAL CARE PARTNERSHIP



ANGUS  
Health & Social Care  
Partnership

### ANGUS CLOTHING PROJECT

#### WHAT IS IT?

ANGUS CLOTHING PROJECT IS AN ADULT CLOTHES BANK FOR THOSE WHO ARE HOMELESS, LOW OR NO INCOME, HAVE LITTLE OR NO POSSESSIONS (donations welcomed)

#### HOW TO REFER

IF YOU HAVE A SUPPORT WORKER THEY CAN REFER DIRECT OR YOU CAN SELF REFER AT THE DETAILS BELOW

#### CONTACT

HOMELESSNESS  
SUPPORT SERVICE

KAREN BENNETT -  
BENNETT@ANGUS.GOV.UK

LISA TAYLOR -  
TAYLORL@ANGUS.GOV.UK

MAIN OFFICE: - 01241  
438 079

### Heart-start course

Where: Arbroath Voluntary Action, Training room

Date: 7<sup>th</sup> November

Time: 10.00 - 12.00

Limited places 12

Please book a place via [dawn@voluntaryactionangus.org.uk](mailto:dawn@voluntaryactionangus.org.uk)

## ANGUS ACTIVITY PROGRAMME

Do you enjoy helping people?  
Do you enjoy being physically active?  
Would you like to learn new skills?

If the above applies to you and you have time that you can spare on a regular basis, we can offer you the opportunity to join the Angus Activity Programme. We will provide Revitalyz training, enabling you to deliver basic seated activities to adults who have long term health conditions. Our volunteers are enthusiastic, welcoming and supportive and you will have regular opportunities to meet with them for additional training.

For further information and applications, please contact Karen Fletcher (AHSCP) on 01307 474894.

[www.angusactivityprogramme.wordpress.com](http://www.angusactivityprogramme.wordpress.com)

## ANGUS CITIZENS ADVICE BUREAU (SCIO)



The **Annual General Meeting** of the Angus Citizens Advice Bureau is to be held at:  
Angus CAB offices, 11 Millgate, Arbroath  
on  
18 October, 2017 at 3.00pm.

An invitation is extended to the general public of Angus who may apply to become members of the Bureau at the meeting

## You are the key to our success



Interested in volunteering with Angus Women's Aid?



We are running an eight week volunteer training program.

Dates: Wednesday 25<sup>th</sup> October – Wednesday 13<sup>th</sup> December 2017

Time: 6pm-8pm

Venue: Meeting Room - Asda Forfar, New Road, Forfar

If interested call Nicola on (01241) 439437 or  
Email: [volunteer@anguswomensaid.co.uk](mailto:volunteer@anguswomensaid.co.uk)



## Local Volunteers Required to develop a small flower Garden at the Monifieth Health Centre.

### Saturday 21<sup>st</sup> October

Can you spare an hour to transform the flower garden at  
your Health Centre

Turn the Garden into an inviting enjoyable space.

Various roles available, something for everyone & no  
experience required.

Would you like to help?

For further information contact Alex Graham on 07894 578959 or email

[graham\\_alex\\_54@yahoo.co.uk](mailto:graham_alex_54@yahoo.co.uk)

## PVG and Signatory Training

This course is for signatories enrolled with Disclosure Services. This course will cover everything you need to know to act as a signatory, with an introduction to the PVG legislation.

- What it means to be a signatory;
- Forms and certificates;
- The PVG Scheme;
- Regulated work;
- Referrals – understanding your legal obligations under the PVG legislation;
- The implications of retrospective checking;
- PVG in context – good recruitment and management practice.

### ●When will it run?

- Wednesday 8th November 2017
- Wednesday 6th December 2017

**Interested?** If you have any questions regarding this training please contact us at 01786 849777 or email [disclosures@volunteerscotland.org.uk](mailto:disclosures@volunteerscotland.org.uk)



## Essential Support for Community Groups and Local Voluntary Organisations

Voluntary Action Angus provides a arrange of support to help community organisations to grow and voluntary organisations to become successful and sustainable.

We provide expert support on the following;

- Planning and marketing your organisation.
- Constitutions and legal status
- Committee skills And duties of board members.
- Recruitment with conviction– protecting vulnerable people
- Policy and planning
- Finance and payroll
- Securing funding
- Working in partnership[

Further information contact Hayley—  
[hayley@voluntaryactionangus.org.uk](mailto:hayley@voluntaryactionangus.org.uk)



## Help us to develop the Angus Care Model



Monday 16th October 2017  
6pm - 8pm

Lintrathen Room, Whitehills Health and Community Care Centre, Station Road, Forfar, DD8 3DY

Tuesday 17th October 2017  
2pm - 4pm

Kinloch Care Centre, Kinloch Street, Carnoustie, DD7 7EN

Wednesday 18th October 2017  
10.30am - 12.30pm

Seaton Grove, Seaton Road, Arbroath, DD11 5DX

Thursday 19th October 2017  
2pm - 4pm

OT Room, Links Health Centre, Marine Road, Montrose, DD10 8TR

Come along and talk to staff and find out more about how the Angus Care Model is supporting many more people to live independently in their own homes. Hear why we need to make changes and contribute to discussions about the **Inpatient Care Review, Minor Illness and Out of Hours Review and Care Home Review.**

Help us to shape sustainable, safe and effective care for the future.

## Accessing disease modifying therapies: Focus group in Dundee

Date – Tuesday the 31<sup>st</sup> of October 2017

Time – 2pm till 4pm

Venue – West Park, 319 Perth Road, Dundee, DD2 1NN

## BRAVO Witch Trial Re-enactment Actors Needed

**Tuesday 31st October  
Wednesday 1st November**

We are hosting guided tours of the oldest part of the City of Brechin. Each tour is starting at The Townhouse Museum, High Street, Brechin. Watch a witch trial re-enactment before heading out and about and into the Cathedral to find some spooks and learn history about witches, the plague and much more!

Meeting about the event is being held on 27th October at 7pm in the Stables. If you are interested in becoming a volunteering please contact [bra-vobrechin@aol.com](mailto:bra-vobrechin@aol.com)

## We have Suicide Alertness For Everyone Training (safeTALK) scheduled for:

**Wednesday 11 October 2017 (12.30pm – 4.30pm) in Forfar**

**Friday 17 November 2017 (1pm – 5pm) in Arbroath**

This training is open to everyone (employees, employers and members of the public who live or work in Angus). Please forward this email to anyone who would be interested in this training.

safeTALK is designed to be an introductory course for anyone interested in learning to be suicide aware.

Can you recognise the signs of someone at risk of suicide? Would you know what to say to a colleague, student, family member or contact with thoughts of suicide? Most persons with thoughts of suicide go unrecognised - even though most are, directly or indirectly, requesting help. Without safeTALK training, these invitations to help are too rarely accepted, or even noticed. In only a few hours, you will learn how to recognise these invitations and provide practical help to persons with thoughts of suicide. Expect to leave safeTALK more willing and able to perform an important helping role for persons with thoughts of suicide. safeTALK is a training session for everyone in the community - no prior knowledge is required.

**Aim of Training:** To enable participants to recognise and engage people who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention.

**Learning outcomes:**

By the end of this course participants will:

- Be aware that people at risk of suicide are often not given help due to cultural myths and misinformation
- Recognise when a person might be having thoughts of suicide
- Engage that person in direct and open talk about suicide
- Move quickly to connect them with someone trained in suicide intervention who can review the risk and develop a plan to reduce the risk of harm or death.

Please see attachment for further information about safeTALK.

To book, please email [suicideprevention@angus.gov.uk](mailto:suicideprevention@angus.gov.uk) with one of the attached registration forms. Places will be allocated on a first come first served basis. This session is free of charge to participants and will be funded by the Suicide Prevention Collaborative for Angus.



### Universal Credit (UC) Full Service Raising Awareness Events

FAO: frontline workers across Angus

Are you a frontline worker who supports clients?

We want to alert you to the fact that something big is happening across the region from  
November 2017

UC Full Service is to be rolled out in the three Angus Jobcentre areas from November 2017. This will be one of the biggest changes in the benefits system in over thirty years. It is expected that this will affect thousands of current working age claimants and families across the Angus region. It will radically change the means tested benefits people are receiving and in the way in which they have to make and manage a claim.

Want to find out more about how the changes might affect your clients as well as find out where they can go for help? Then these free sessions are for you! Book now, places are limited

#### When

Wednesday 25 October 2017 9.30am to 12.00pm

OR

Wednesday 25 October 2017 1.30pm to 4.00pm

#### Where

Russell Square Community Lounge, Fergus Street, Arbroath, DD11 3DH

#### How to Book a Place

Use the following link to book your place. One ticket per attendee.

<https://www.eventbrite.com/e/uc-full-service-raising-awareness-event-tickets-38541650113>

#### Organisers

Angus Financial Inclusion Partnership c/o Grahame Conning, Welfare Reform Officer, Angus Council, Corporate Finance, Place Directorate, Angus House, Orchardbank, Forfar, DD8 1AF. Telephone (01307) 476160 (Mon – Wed only) [conning@angus.ecsx.gov.uk](mailto:conning@angus.ecsx.gov.uk)

# FOODSHARE CONTINUES

Help yourself  
to whatever you need, or want  
**Saturdays 14 & 28 October**  
from 10:30



**St Mary's Church, Arbroath**  
(Springfield Terrace)  
Up the hill from the library



Home-Start Angus seeks to employ  
**Development Worker** - 35 hours  
Salary - £21,130

The Development Worker will work as a member of the East Brechin "Together Angus" team and alongside staff from partnership organisations will be responsible for the development of a combating poverty initiative. The role will include enabling parents in the East Brechin area to access support and advice services and the development of volunteering opportunities.

Use of own car and parenting experience essential

This post is

Initially funded for an 18 month period

This post will require membership of the PVC scheme

Closing date for applications - Thursday 19<sup>th</sup> October

Interviews will take place evenings of 1<sup>st</sup> and 2<sup>nd</sup> November

For an application pack email: [homestartangus@btconnect.com](mailto:homestartangus@btconnect.com)  
For more information telephone 01241 431131

**SCOTTISH DIGITAL HEALTH  
& CARE WEEK**  
20 - 24 November 2017

@eHealthScotland  
@SCTT\_NHS24  
@TECscotland  
@DHCscot

#TECScot

## ANNUAL SCOTTISH DIGITAL HEALTH AND CARE CONFERENCE

University of Strathclyde Technology & Innovation Centre, Glasgow  
22 November 2017

Join us at this year's event which will be introduced by the Cabinet Secretary for Health and Sport, Shona Robison, MSP. Hear keynote presentations and the latest news about Scotland's new Digital Health and Care Strategy, plus workshops and plenary discussions on the following topics:

- Technology Enabled Care and how it is increasingly supporting people in their homes

- The opportunities and evidence available from big data

- How care professionals and policy makers in other countries have used technology to transform services

### WHO SHOULD ATTEND

The conference is aimed at staff working in sectors including: health, social care, housing, the third sector, research, policy, technology and academia, who are interested in how digital technologies can be used to support improvement and innovation.

### **Sustrans Scotland - Community Links Funding**

A second round of 2017-18 programme has opened until 31 March 2018 as there is money left in the budget. The Aims of the Programme are to: Create infrastructure that encourages people to cycle, walk or use another active travel mode as their preferred mode of travel for everyday journeys; Meet the needs of communities – provide communities with the opportunity to shape their local environment and link the places people live in with the places they want to get to; Encourage innovation – support partner organisations in raising the standard of infrastructure for walking and cycling in Scotland; Encourage placemaking which facilitates greater use of public space and higher levels of active travel; Create an enabling environment for active travel.

**The next deadline date is 31 March 2018.**

### **British Science Association - Community Grants**

British Science Association - Community Grants

Applications for British Science Week 2018 are now open. The grant is available to empower and support community groups to run their own science activities during British Science Week (9-18 March 2018).

The mission of the British Science Week Community Grant Scheme is to expand the audiences that engage with science and self-identify as having an interest in science by empowering and supporting community groups to run their own science activities during British Science Week (9-18 March 2018). The scheme offers £500-£1000 grants for community groups that work directly with audiences who are traditionally under-represented and currently not engaged in science activity.

Our definition of groups that are underrepresented in science includes:

- people who are Black Asian Minority Ethnic (BAME)
- people with low socioeconomic status (SES), including people disadvantaged in terms of education and income
- young people facing adversity, including those not in education, employment or training (NEET)
- people with a disability, defined as a physical or mental impairment that has a substantial and long-term effect on someone's ability to do normal daily activities (Equalities Act 2010)
- people living in a remote and rural location, defined as settlements of less than 10,000 people
- girls and women

**The next deadline for applications is 13 November 2017.**

### **Creative Scotland - Made in Scotland Showcase 2018**

The 2018 Showcase fund is now open.

This showcase celebrates the wealth and diversity of work that is currently being produced in Scotland. Scottish dance, theatre, and music artists, groups and companies can apply to present artistically ambitious work at the Fringe as part of the Made in Scotland 2018 Showcase. Funding is intended to support the costs of presenting work at the Fringe. The work can be new or an existing production which will be re-staged at the Fringe.

**The next deadline for applications is 22 November 2017.**

### **Shared Care Scotland - Short Breaks Fund, Better Breaks**

Shared Care Scotland - Short Breaks Fund, Better Breaks  
Annual Round now open.

The Better Breaks programme funds a wide range of short breaks projects and activities. These can include breaks away, days out, and/or shorter, regular activities and sessions. The activities can be for the children and young people with disabilities, for their carers, or for families to enjoy together. Projects must be able to evidence how their activities will benefit both children and young people with disabilities and their carers, by providing a break from their normal routine. These breaks should increase opportunities for children and young people to engage in activities they enjoy, give carers a break from their caring role, and improve wellbeing for all involved.

**Next deadline for applications is 23 November 2017.**

### **Youthlink Scotland - Youth Community Action Fund (New Fund)**

Youthlink Scotland - Youth Community Action Fund (New Fund)

New fund to support the aims of The Year of Young People 2018.

The Year of Young People 2018 aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally. This new fund has been created to provide opportunities for local groups working with young people to facilitate informal education and learning opportunities that support this aim. Proposals must: engage young people aged 8 – 26 years; be co-designed with local young people to ensure they are fully involved in the development, management and delivery of the proposed activity; promote equality and be open and accessible to young people; demonstrate sustainability (whether in attracting other resources or in leaving a legacy).

**Next deadline for applications is 03 November 2017.**



## Hear Me

**We are recruiting volunteers now!**

**Volunteer Counsellors – URGENTLY REQUIRED**  
**Volunteer Coordinator**  
**Finance worker**  
**Administrator**  
**Fundraisers**

**Are you interested in joining a fun, dedicated and dynamic team? Can commit to 4 hours per week?  
Have experience in any of the above roles?**

For more information and an application pack please contact Carol on 01307 850741 or email [hearame@btconnect.com](mailto:hearame@btconnect.com)  
**ORGANISATION BACKGROUND - Hear Me** is a registered Scottish Charity, established in June 2013. Providing specialised counselling and support in Angus for men, women and children (aged 8+) who have either recently, or in the past, been

### THE WEB PROJECT

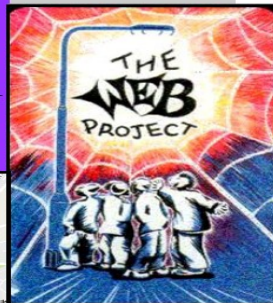


#### DROP IN FRIDAY'S 3 - 5PM

Come on down to see us for all your **Sexual Health, Drugs and Alcohol advice/support**.

We provide a confidential service where young people aged 10–25 can access **FREE condoms, PREGNANCY testing and STI testing** in a relaxed welcoming environment with the friendliest of faces!

Find us at 29B  
CANMORE  
STREET  
FORFAR  
01307 460101



## Forfar in Flower

Ever wondered who does the hanging baskets in Forfar?  
Who looks after the Boyle Park?  
Who tends the entrance to the country park?  
Who plants daffies and lupins at the roadside?  
Newmonthill? Reid Park Road? Outside the chipper in the Dundee Road?  
The Roundabout at Angus House was one of our make-overs too. It's not the council doing all this - it's a wee group called Forfar in Flower.  
We are all volunteers and we'd like you to join our band of guerrilla gardeners.  
You don't need any experience, and you don't have to make a regular commitment.  
Just drop us an email and we'll add you to our mailing list. You'll get to know what we're up to and when we're doing it and you can come and join us.  
We'd love to see you  
Email - [forfarinflower@gmail.com](mailto:forfarinflower@gmail.com)  
Tel 07930 532935

### Angus Long Term Condition Support Group

hosts four meetings monthly in four different locality areas.

All are welcome to attend and there is a £1 admission charge

Oct 28th	Forfar Academy Health Centre	4-6pm	Fire and Rescue	Judi Young
Oct 25th	Edzell Health Centre	2-4pm	Podiatry	Lesley Steward
Oct 26th	Carnoustie Medical Centre	2-4pm	Health and Social care	S Wilson & E Blyth
Oct 27th	Montrose Health Centre	2-4pm	Angus care & repair	Vicky Fox

### Volunteers urgently needed!

Voluntary Action Angus are always looking to recruit volunteers in all areas of Angus for 100's of varied opportunities to help in your local communities.

If you would be interested in becoming a Volunteer please get in contact by phone on: 01307 466113 or 01241 875525 or alternatively by email at [info@voluntaryactionangus.org.uk](mailto:info@voluntaryactionangus.org.uk) or search online [www.voluntaryactionangus.org.uk](http://www.voluntaryactionangus.org.uk)

This bulletin is created by Voluntary Action Angus and the views and opinions within are not expressed by any persons involved in the bulletins creation.

If you have anything you would like to add to next weeks bulletin please contact Hayley by email to [info@voluntaryactionangus.org.uk](mailto:info@voluntaryactionangus.org.uk) or alternatively by phone on 01241 875525



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