

03/11/2017

VOLUNTARY ACTION ANGUS WEEKLY BULLETIN

The Learning Tree Partnership supports people in Angus with a learning disability.

We offer training and learning in customer service and supported volunteering opportunities.



Pop-up book shop

from 7th - 11th November 2017
in OB's, 19 West Port, Arbroath

Opening times

Tuesday 7th November 1pm - 4pm
Wednesday 8th November 10am-4pm
Thursday 9th November 10am-4pm
Friday 10th November 10am-4pm
Saturday 11th November 10am-4pm

Please come along, have a cuppy and browse our range of used books and CD's

www.thelearningtree.org.uk

The Learning Tree Partnership is a Charity in Scotland
Our Charity Number is SC046044

Rotary Shoebox Scheme

"Spreading a little Happiness"

Gift suggestions for your Shoebox

Toys - For Boys & Girls

Cars, trucks, etc, balls, complete jigsaws, action figures, colouring books, pens, crayons, lego blocks, yo-yo, bubble blowers, wooden and plastic toys, building blocks, pencil case, pencil sharpener, dominoes, playdough / plastercine & cutters, fluffy toys, dolls, stickers, writing pads, skipping rope, scarf, mittens / gloves, hat, harmonica, games, cards...

Household Goods - For older folk & families

Scarves, gloves, hats, wrapped soap, toothpaste, toothbrush, disposable razors, shampoo, soap flakes, pan scourers, antiseptic cream, bandages, face or body creams, cosmetics, pens, writing pad & envelopes, T lights, candles, sewing kit, scissors...

Teenagers - up to 18 years age

Sportswear, scarf, gloves, socks, hat, football memorabilia, writing materials, games, playing cards, tennis ball, tooth brush & paste, deodorants, comb, mirror, costume jewellery, make-up, hair brush, toiletries, school stationery, clothing repair kits, sketch pad, coloured pens / pencils...

Baby - Age up to 12months

This is given to new mothers and can include baby wipes, cotton wool buds, baby shampoo, baby oil, talc powder, bonnet, booties and mitts, baby grow, baby blanket, small soft toy or plastic rattle...

ANGUS CLOTHING BANK

WHEN

EVERY TUESDAY
1PM - 3:30PM

WHERE

ST JOHNS
METHODIST CHURCH

15 PONDERLAW STREET, ARBROATH

THE ANGUS CLOTHING PROJECT IS A JOINT VENTURE
BETWEEN ST JOHNS METHODIST CHURCH AND THE
HOMELESSNESS SUPPORT SERVICE, ANGUS HEALTH &
SOCIAL CARE PARTNERSHIP



ANGUS CLOTHING PROJECT

WHAT IS IT?

ANGUS CLOTHING PROJECT IS AN ADULT CLOTHES BANK FOR THOSE WHO ARE HOMELESS, LOW OR NO INCOME, HAVE LITTLE OR NO POSSESSIONS (donations welcomed)

HOW TO REFER

IF YOU HAVE A SUPPORT WORKER THEY CAN REFER DIRECT OR YOU CAN SELF REFER AT THE DETAILS BELOW

CONTACT

HOMELESSNESS
SUPPORT SERVICE

KAREN BENNETT -
BENNETTK@ANGUS.GOV.UK

LISA TAYLOR -
TAYLORL@ANGUS.GOV.UK

MAIN OFFICE: - 01241
438 079

Heart-start course

The Heart-start course previously advertised here for the 7th November on the bulletin is now cancelled.

ANGUS ACTIVITY PROGRAMME

Do you enjoy helping people?
Do you enjoy being physically active?
Would you like to learn new skills?

If the above applies to you and you have time that you can spare on a regular basis, we can offer you the opportunity to join the Angus Activity Programme. We will provide Revitalyz training, enabling you to deliver basic seated activities to adults who have long term health conditions. Our volunteers are enthusiastic, welcoming and supportive and you will have regular opportunities to meet with them for additional training.

For further information and applications, please contact Karen Fletcher (AHSCP) on 01307 474894.

www.angusactivityprogramme.wordpress.com

Information Desk Volunteer Required!

Role: To provide patients with requested information, top up leaflets on display desk, in waiting room and on rotundas. Also to assist with sign posting patients requesting information on support organisations and groups.

Requirements: Volunteer must be registered patient of the practice (Academy Medical Centre, Forfar). Also, must be able to communicate with patients and to provide patients with requested information.

Training: Full training is given by NHS Tayside. Volunteers are required to have a Disclosure/PVG check which is organised and paid for by NHS Tayside.

If you're interested or would like more information, please contact Ashley McGregor at Ashley@voluntaryactionangus.org.uk or on 01307 466113.

You are the key to our success



Interested in volunteering with Angus Women's Aid?



We are running an eight week volunteer training program.

Dates: Wednesday 25th October – Wednesday 13th December 2017

Time: 6pm-8pm

Venue: Meeting Room - Asda Forfar, New Road, Forfar

If interested call Nicola on (01241) 439437 or

Email: volunteer@anguswomensaid.co.uk

Men's Shed

OCTOBER UPDATE

We are delighted with the progress we have been able to make since moving in to the Machine Room at Invertay House in June. We are now much better able to make good use of our equipment and in so doing to attract new members. We trust that they find the spirit of the Shed a welcoming and congenial one. Since the last update we have completed the entire painting of the outside of the building and done some necessary repairs. Current activities include the construction of a substantial cabinet to accommodate all our tools. Members are active making, among other things, picture frames, a bird table, hedgehog boxes and seasonal items for Christmas. While we are delighted with the space we have in the Machine Room, we are short of storage space and have asked the Council if we might again rent one of one of the stores the lease of which we regrettably gave up when we moved; at the time we did not think we could afford it. However it looks as if the Council is not going to agree to this, which is disappointing as it is a space lying empty and unused. This month, in response to members' requests we have decided to move to being open three afternoons per week, Tuesday, Wednesday and Thursday, 1.30-3.30. We always welcome enquiries and expressions of interest either by coming along to the Shed or contacting us by phone at 079 335 72079. With reference to the hedgehog boxes mentioned above, we hope to have a number of these for sale as the time of year for hibernation approaches. (the hedgehogs, not the Sheddors). Anyone interested in buying one might like to get in touch. We once again wish to record our thanks to all our funders and supporters, who give us so much encouragement.

PVG and Signatory Training

This course is for signatories enrolled with Disclosure Services. This course will cover everything you need to know to act as a signatory, with an introduction to the PVG legislation.

- What it means to be a signatory;
- Forms and certificates;
- The PVG Scheme;
- Regulated work;
- Referrals – understanding your legal obligations under the PVG legislation;
- The implications of retrospective checking;
- PVG in context – good recruitment and management practice.

●When will it run?

- Wednesday 8th November 2017
- Wednesday 6th December 2017

Interested? If you have any questions regarding this training please contact us at 01786 849777 or email disclosures@volunteerscotland.org.uk



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Essential Support for Community Groups and Local Voluntary Organisations

Voluntary Action Angus provides a range of support to help community organisations to grow and voluntary organisations to become successful and sustainable.

We provide expert support on the following;

- Planning and marketing your organisation.
- Constitutions and legal status
- Committee skills And duties of board members.
- Recruitment with conviction– protecting vulnerable people
- Policy and planning
- Finance and payroll
- Securing funding
- Working in partnership[

Further information contact Hayley—
hayley@voluntaryactionangus.org.uk



@eHealthScotland
@SCTT_NHS24
@TECscotland
@DHCscot

#TECScot

ANNUAL SCOTTISH DIGITAL HEALTH AND CARE CONFERENCE

University of Strathclyde Technology & Innovation Centre, Glasgow
22 November 2017

Join us at this year's event which will be introduced by the Cabinet Secretary for Health and Sport, Shona Robison, MSP. Hear keynote presentations and the latest news about Scotland's new Digital Health and Care Strategy, plus workshops and plenary discussions on the following topics:

- Technology Enabled Care and how it is increasingly supporting people in their homes
- The opportunities and evidence available from big data
- How care professionals and policy makers in other countries have used technology to transform services

WHO SHOULD ATTEND

The conference is aimed at staff working in sectors including: health, social care, housing, the third sector, research, policy, technology and academia, who are interested in how digital technologies can be used to support improvement and innovation.

The gift of a shoebox that contains toys, toiletries, educational items or household goods is a drop of happiness to the people of Eastern Europe who live in a world of poverty. For many, it will be the first present that they have ever received and it lets them know that somebody, somewhere cares. The contents should be of good quality, remembering that the recipient will be opening the box in eager anticipation, and especially with the toys for the children, quite possibly the first real gifts they have received for as very long time.

We are short at present of boxes for teenagers: Especially Boys!!

What NOT to include in boxes

Food, sweets, chocolate & drinks, battery operated toys, conflict related items, matches, inflammable liquids, inflammable aerosols (e.g.: deodorants & hair spray), seeds or any other living material, automatic washing machine powders, washing-up liquid (they often leak when flat)

For safety - Please securely sealotape tops of liquid containers.

Protect anything sharp and do not put anything sharp into the Toys box.

We have Suicide Alertness For Everyone Training (safeTALK) scheduled for:

Friday 17 November 2017 (1pm – 5pm) in Arbroath

This training is open to everyone (employees, employers and members of the public who live or work in Angus). Please forward this email to anyone who would be interested in this training.

safeTALK is designed to be an introductory course for anyone interested in learning to be suicide aware.

Can you recognise the signs of someone at risk of suicide? Would you know what to say to a colleague, student, family member or contact with thoughts of suicide? Most persons with thoughts of suicide go unrecognised - even though most are, directly or indirectly, requesting help. Without safeTALK training, these invitations to help are too rarely accepted, or even noticed. In only a few hours, you will learn how to recognise these invitations and provide practical help to persons with thoughts of suicide. Expect to leave safeTALK more willing and able to perform an important helping role for persons with thoughts of suicide. safeTALK is a training session for everyone in the community - no prior knowledge is required.

Aim of Training: To enable participants to recognise and engage people who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention.

Learning outcomes:

By the end of this course participants will:

- Be aware that people at risk of suicide are often not given help due to cultural myths and misinformation
- Recognise when a person might be having thoughts of suicide
- Engage that person in direct and open talk about suicide
- Move quickly to connect them with someone trained in suicide intervention who can review the risk and develop a plan to reduce the risk of harm or death.

Please see attachment for further information about safeTALK.

To book, please email suicideprevention@angus.gov.uk with one of the attached registration forms. Places will be allocated on a first come first served basis. This session is free of charge to participants and will be funded by the Suicide Prevention Collaborative for Angus.



What is Rally Round?

Rally Round is a FREE online service offered by Angus Care and Repair.

Rally Round offers free and secure online support networks so that carers and vulnerable people can get more support from other family members and friends.

Everyone in your private support network can add tasks, see who's offering help with what and keep track of what's been done.

Text and email notifications keep everyone 'in the loop'.

Do you know of someone who would benefit from Rally Round?

If so, click the link below for a referral form;

<http://www.voluntaryactionangus.org.uk/angus-rally-round-referral-form/>



www.rallyroundme.com/angus

Upcoming Creative Scotland funding deadlines

- > [YMI Access to Music Making \(13 November\)](#)
- > [YMI Strengthening Youth Music \(13 November\)](#)
- > [Made in Scotland Showcase 2018 Fund \(22 November\)](#)
- > [Endless Different Ways—Muriel Spark Small Grants Fund \(04 December\)](#)
- > [Made in Scotland Onward International Touring \(ongoing\)](#)
- > [Open Project Funding \(ongoing\)](#)
- > [Production Growth Fund \(ongoing\)](#)
- > [Screen Fund \(ongoing\)](#)

Upcoming funding deadlines from partners or funded organisations

- > [Go-See grants for book fair attendance](#)
- > [Gaelic New Writers Awards](#)
- > [Translation Fund](#)
- > [National Lottery Awards for All Scotland](#)
- > [Culture and Business Fund](#)
- > [International Showcasing Fund](#)
- > [YMI Training and CPD Fund](#)

Funding and Finance

- > [Energy Savings Trust—Low Carbon Travel and Transport Challenge Fund](#)
- > [Petplan Charitable Trust—Full Scientific Grant](#)
- > [Coalfields Regeneration Trust \(Scotland\) - Coalfields Community Challenge](#)
- > [The Tall Ships Youth Trust \(Updated\)](#)
- > [The Coalfields Regeneration Trust—Community Investment Programme](#)
- > [The Coalfields Regeneration Trust—Coalfields Community Challenge](#)
- > [DM Thomas Foundation for Young People](#)
- > [WHSmith Community Grant](#)



Hear Me

We are recruiting volunteers now!

Volunteer Counsellors – URGENTLY REQUIRED
Volunteer Coordinator
Finance worker
Administrator
Fundraisers

**Are you interested in joining a fun, dedicated and dynamic team? Can commit to 4 hours per week?
Have experience in any of the above roles?**

For more information and an application pack please contact Carol on 01307 850741 or email hear-me@btconnect.com
ORGANISATION BACKGROUND - Hear Me is a registered Scottish Charity, established in June 2013. Providing specialised counselling and support in Angus for men, women and children (aged 8+) who have either recently, or in the past, been

THE WEB PROJECT

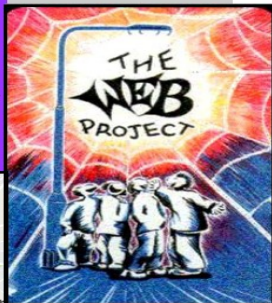


DROP IN FRIDAY'S 3 - 5PM

Come on down to see us for all your **Sexual Health, Drugs and Alcohol** advice/support.

We provide a confidential service where young people aged 10—25 can access **FREE condoms, PREGNANCY testing and STI testing** in a relaxed welcoming environment with the friendliest of faces!

Find us at 29B
CANMORE
STREET
FORFAR
01307 460101



Forfar in Flower

Ever wondered who does the hanging baskets in Forfar?
Who looks after the Boyle Park?
Who tends the entrance to the country park?
Who plants daffies and lupins at the roadside?
Newmonthill? Reid Park Road? Outside the chipper in the Dundee Road?
The Roundabout at Angus House was one of our make-overs too. It's not the council doing all this - it's a wee group called Forfar in Flower.
We are all volunteers and we'd like you to join our band of guerrilla gardeners.
You don't need any experience, and you don't have to make a regular commitment.
Just drop us an email and we'll add you to our mailing list. You'll get to know what we're up to and when we're doing it and you can come and join us.
We'd love to see you
Email - forfarinflower@gmail.com
Tel 07930 532935

Angus Long Term Condition Support Group

hosts four meetings monthly in four different locality areas.

All are welcome to attend and there is a £1 admission charge

Nov 24th	Academy Health Centre	4-6pm	House of Care	Nicola Stevens
Nov 27th	Links Health Centre	2-4pm	Inspiration	John Whitfield
Nov 29th	Parkview Medical Centre	2-4pm	Emergency Ac-tion	James Kinnear

Volunteers urgently needed!

Voluntary Action Angus are always looking to recruit volunteers in all areas of Angus for 100's of varied opportunities to help in your local communities.

If you would be interested in becoming a Volunteer please get in contact by phone on: 01307 466113 or 01241 875525 or alternatively by email at info@voluntaryactionangus.org.uk or search online www.voluntaryactionangus.org.uk

This bulletin is created by Voluntary Action Angus and the views and opinions within are not expressed by any persons involved in the bulletins creation.

If you have anything you would like to add to next weeks bulletin please contact Hayley by email to info@voluntaryactionangus.org.uk or alternatively by phone on 01241 875525



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