

Suicide Bereavement Support Service

Briefing paper on
the service and
how to make
referrals

For anyone impacted by the loss of someone to suicide

Thanks to funding from the Scottish Government, national mental health charities Penumbra and Support in Mind Scotland are working in partnership to deliver a Suicide Bereavement Support Service in Ayrshire and Arran, and the Highlands.

Who is the service for?

The service will provide personalised support to anyone impacted by the loss of someone to suicide. This includes families and friends as well as children and young people.

What support is provided?

Specially trained staff will provide support based on the individual or family's needs.

This may be with practical things such as helping them to arrange the funeral, or to liaise with other agencies such as funeral directors, faith-based leaders, or Police Scotland.

Staff will also be there to simply listen and be a source of support as families come to terms with their loss.

How can I refer someone?

Referrals can be made:

- For individuals living within the NHS Ayrshire and Arran area, whether the death occurred in the area or not.
- For individuals not living within the NHS Ayrshire and Arran area, but where the death occurred within the area.

If the individual/family impacted by the suicide is happy for a referral to be made please complete the Suicide Bereavement Support Service Referral Form circulated with this briefing paper.

If you have any questions about the service please email:

suicidebereavementsupport@nhs.scot

A member of staff from the local suicide bereavement support team will contact the individual/family within 24-hours of receiving your referral.

Please do not hesitate to get in touch if you require any further information about this service.