

Department of Public Health
NHS Dumfries & Galloway
Mountainhall Treatment Centre
Dumfries DG1 4AP



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5 November 2020

To Parents & Guardians of children at Collin Primary School,

Exposure to COVID-19 infection – ACTION REQUIRED

Over the last few weeks we have become aware of more cases of COVID-19 infection across Dumfries and Galloway, including within the school community.

We believe that your child has been in close contact with someone who has the infection, and therefore is at risk of developing COVID-19 infection themselves. Your child needs to self-isolate in the family home until Tuesday 17th November. They can return to school on Wednesday 18th November. Other members of the family can continue to leave the house, unless your child develops symptoms, but you should try to keep as much distance from your child as possible during this isolation period.

For most people, Coronavirus will cause a mild illness, with the most common symptoms being:

- New continuous cough
- A fever or high temperature (above 37.8°C)
- A loss of taste or smell

If your child, or anyone in the household, develops symptoms (even if mild) you should arrange testing, and remain in isolation until the result is available.

Further help and advice is available through the www.nhsinform.scot website, or by phoning the helpline (0800 22 44 88). If your child develops symptoms, and you are concerned about their well-being, please phone your GP, or 111 out of hours.

You may also talk to the NHS Dumfries & Galloway Contact Tracing Team on 01387 241350 if you have specific questions about your period of self-isolation.

Dr Nigel Calvert
Consultant in Public Health Medicine

