**Completed as an exercise at ASD Advisors 16.11.18 by 2 different groups**

**Not interrupting in class (whole class, group work, shouting out for help when working independently)**

Kirsty. I enjoy being with my friends.

I want to tell people what im thinking because if I don’s ay it, I might forget it. Others may feel like this too.

Upset that I’m not waiting my turn and feel it’s unfair that I always get to talk.

To wait my turn (and use, for example, I will wait till I am told it is my turn).

I will write my idea on the board so that I don’t forget.

Sometimes it won’t be my turn and that’s ok.

I can show the teacher my board when she asks for it.

I will do my best to wait my turn for talking and listening.

I know this will be tricky but I will try my best.

This will make my class and my teacher happy.

**Not interrupting in class (whole class, group work, shouting out for help when working independently)**

??? I know I can work hard and I’m well behaved.

I share my thoughts and feelings out loud in class when the class is quiet and doing their work.

I talk because I’m finished but the other pupils get distracted when I do this and tell me they want to do their work.

I will try to remember to put my hand up and wait for the teacher’s attention before I talk. Sometimes it’s best to think it but not say it.

If I do this, my friends will be happy and be able to concentrate on their work.