

Dairy Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Leek & Potato Soup	Vegetable Soup	Carrot & Coriander Soup	Veg & Rice Soup	Vegetable Soup
Choice 1	Beef Burger with Seasoned Wedges and Crunchy Salad	Crispy Fish Fillet with Chunky Chips and peas	D/F Mac & Cheese With Garlic Bread & Broccoli	Cottage Pie With Baby Carrots	Chicken Chunks with Seasoned wedges Sweetcorn & Coleslaw
Choice 2		D/F Quorn Tikka Masala with Rice & Crunchy Salad	Baked Potato With Veg Chilli or Baked Beans & Crunchy Salad	Tuna Mayo or D/F Cheese Sandwich With Crunchy Salad & Coleslaw	D/F Pizza Sub with Seasoned Wedges, Sweet corn & Coleslaw
Dessert	D/F Yoghurt	Iced Smoothie	Jelly	Iced Smoothie	D/F custard

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Vegetable Soup	Leek & Potato Soup	Yellow Split Pea Soup	Vegetable Soup	Vegetable Soup
Choice 1	Mild Chicken Curry with Rice & Mixed Peppers	Chicken Burger with Seasoned Wedges & Crunchy Salad	Veg Sausage Roll, Beans and Potato Wedges	Turkey Meatball in Gravy with Creamy Mashed Potato & Carrots	Jumbo Hot Dog with Baby corn & Crunchy Salad
Choice 2	Salmon Nibbles with Chunky Chips & Peas	Tomato & Veg Pasta with Garlic Bread & Broccoli	Veg Fajitas with Potato Wedges & Mixed Peppers	D/F Cheese/tuna mayo Sandwich with Crunchy Salad and Coleslaw	Baked Potato with Baked Beans or D/F Cheese & Crunchy Salad
Dessert	Iced Smoothie	D/F Yoghurt	Jelly	Fruit Salad with D/F Cream	Oaty Flapjack