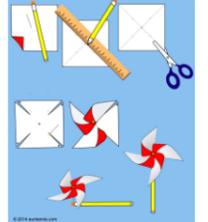
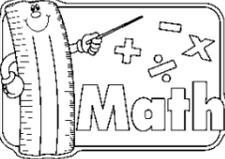
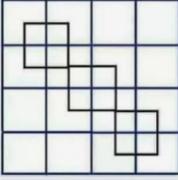




Wednesday: Screen Free Activities

Here are some learning activities that don't involve being at a screen. Choose one or more of the activities below for each hour to complete, set a timer for an hour if you want. You can choose which order to complete them in.

Maker Hour 	SNOW FUN ☺ Construct a snow castle/fort/igloo	Make a ball maze 	Junk modelling- collect and recycle materials such as yoghurt pots, toilet roll tubes and boxes. What can you make?	Lego free choice ☺	Paper Aeroplane challenge- which member of your family can make a plane that flies the furthest?	Make a rain gauge out of a plastic bottle 	Make a paper windmill 
Literacy Hour 	SNOW FUN ☺ Write some words in the snow	Choose a book you haven't read, draw a picture and write predictions about what you think it might be about	What is the longest word you can think of? Write it down then see how many smaller words you can make from it	Write a speech about why people should read more often. Record it	Read for pleasure ☺ Anything you want!	Use your senses to write about your favourite place. What can you see, hear, smell, taste and feel?	Make a fact file about your favourite sports, music or TV star
Wellbeing Hour 	SNOW FUN ☺ Organise a family winter Olympics	Alphabet bodies- stretch your body into different alphabet letters. Can you work with your family to make words?	Teach your family a dance you've learned	Long jump- make some tape or chalk lines on the floor. Who can jump the furthest?	Go for a Nature/bird walk, take pictures of what you see	Do some yoga or mindfulness	Walk or run your Daily mile
Maths Hour 	SNOW FUN ☺ Ice bowling- use frozen bottles of water and a water filled balloon, keep score!	Make your own giant empty number line. Ask someone to give you some + - sums to complete	Weight challenge- use different objects from the kitchen to order in weight from lightest to heaviest	If you have a pack of playing cards- learn how to play a game such as Solitaire (Patience)	Go on an angle hunt in your house and identify right, acute and obtuse angles	Puzzle- How many squares do you see in this picture? 	Make some 3D shapes out of paper/cotton buds/spaghetti and blu-tac!
Creative Hour 	SNOW FUN ☺ Put some food colouring in a squirty bottle and make a snow art picture, use different colours if you have them	Make a family coat of arms 	Make your own hat out of any materials you can find	Create a Lockdown mood board using photos/pictures, drawing/writing	Think of a well-known story and act it out. Can others guess what book it is?	Rainbow foods- Can you think of a food that's the colour of each rainbow colour? Draw them.	Create your own still life drawing using objects in your house