



Monday: Screen Free Activities

Here are some learning activities that don't involve being at a screen. Choose one or more of the activities below for each hour to complete, set a timer for an hour if you want. You can choose which order to complete them in.

Maker Hour 	Build the tallest tower you can	Make a rainbow from different objects in your house	Make a boat that floats	Colour/Paint a pebble with a kind message	Draw a picture on a cereal box, colour it, then cut it out to make a jigsaw	Create a board game to play with your family	Make a cake or biscuits
Literacy Hour 	Turn your favourite story into a comic strip	Write a letter to your Teacher about what you're looking forward to	Letter Hunt- ask someone to shout out a letter of the alphabet, find something beginning with that letter	How many words can you think of that start with the same letter as your name? Write them down	Create your own wordsearch about a topic of your choice	Redesign and draw the front cover of your favourite book	Play 'Kim's game' (memory game with a tray of objects)
Wellbeing Hour 	Make your own healthy lunch	Work out a route to run/walk a daily mile	Make your own Joe Wicks style workout	Learn to juggle	Have a dance with your family to your favourite tunes	Do 50 star jumps	Do a job to help an adult e.g. washing up
Maths Hour 	Play countdown using numbers 1-10, 25, 50, 75, 100. Ask someone to make a 2 or 3 digit number and use + - x ÷ to make it	Length Scavenger Hunt- find different objects and measure then order them	Make your own and play multiplication bingo	Play the Yes No Game Choose a shape, ask questions that can only be answered yes or no until you work it out	Play a board game e.g. snakes & ladders	Sing some Maths counting songs/rhymes	Time how long it take you to tidy your room
Creative Hour 	Write a song/rhyme/rap	Draw a family portrait	What do you love about school? Design a poster to show everyone	Make a model of your favourite pizza. What toppings will you include?	Act out a scene from your favourite book/TV programme	Make a musical instrument	Learn a magic trick