

Chumbara

Cup game suitable for age 7+



Chumbara - , chumbara, Chumbara - , Chumbara,
Chumbara - , chumbara, chum, chum, chum, chum,
chum, chum, chum, chum,
Chumbara - , chumbara, chumbara - , chumbara,
Chumbara - , chumbara, chum, chum, chum!

Actions (2 cup game):

Basic four beat action: Two cups held on in each hand to begin with (open end facing down)

Beat one: Tap floor with both cups
Beat two: Tap open ends together
Beat three: Turn and tap bottom of cups together
Beat four: Turn and tap open ends together once more

Middle section: *chum, chum, chum, chum, chum, chum, chum, chum*

Eight actions (twice as fast as above) as follows

One: Tap floor with both cups
Two: Pick up one of the cups
Three: Tap back of hand which has the cup
Four: Put cup back on floor
Five: Pick up other cup
Six: Tap back of hand which has the cup
Seven: Put cup back on floor
Eight: Pick up both cups ready to start again

Chum, Chum, Chum at the end:

Beat one: Tap floor with both cups
Beat two: Tap open ends of cup together
Beat Three: Tap the floor with both cups

BE CREATIVE:

Find a new pattern of eight for the middle section – remember on eight you have to pick up the cups to start the game again!

CHALLENGE

If you are at home with someone in your family, sit face to face. You will both have two cups. At the end rather than simply put the cups down in front of yourself on Beat one: Tap the floor with both cups, Beat two: Tap open ends of cups together, Beat three: Pass both cups to your partner: Beat four: Pick up ready to start again.

If you are playing with more than one person in your family sit in a little circle. Everyone has two cups. Beat one: Tap the floor with both cups. Beat two: Tap open ends of cups together: Beat three: Pass both cups in front of the person on the right. Beat four: Pick up ready to start again.

This is an adaptation of a game in [Singing Games and Rhymes for Middle Years 2](#)