

Monday 22nd June

LIVE ON TEAMS TODAY

11am – INspire challenge with Miss Norquoy

3pm – The Bolds to the Rescue with Miss Hesp/Miss Melrose

Literacy

L.I. To reflect on my learning

Spend a minute or two reflecting on your year in P5.

- What will you remember about your P5 experience?
- What did you like the most about P5?
- What would you have changed?
- What strategies helped you to learn that you could take into P6?
- What mistakes did you make and what/how did you learn from them?
- If P5 was a song what would it be and why?

HWB

L.I. To explore the benefits of exercise

<https://www.youtube.com/watch?v=ONZUfwAdHKE> watch this video about the benefits of physical exercise. How does exercise make you feel?

Music – Mr Muller

Numeracy

L.I. To follow the rules of a game

You're probably used to playing UNO while sat calmly around a table, but you can turn this classic card game into an energetic (and quite tiring) active maths game.

Before you start playing, assign a movement for every colour. For example:

- Blue — touch your toes
- Yellow — star jump
- Red — hop on one leg
- Green — high knees
- Wild card — turn around and touch the ground

Whenever anyone lays a card, all players need to carry out the action assigned to that colour the correct number of times. So if someone lays a blue nine, you all have to touch your toes nine times.

**If you don't have UNO cards you could creatively adapt this game to regular playing cards. **

P.E. - Mrs Howard