**Monday 22nd June**

**LIVE ON TEAMS TODAY**

\*11am – INspire challenge with Miss Norquoy\*

\*3pm – The Bolds to the Rescue with Miss Hesp/Miss Melrose\*

**Literacy**

**L.I. To reflect on my learning**

Spend a minute or two reflecting on your year in P5.

* What will you remember about your P5 experience?
* What did you like the most about P5?
* What would you have changed?
* What strategies helped you to learn that you could take into P6?
* What mistakes did you make and what/how did you learn from them?
* If P5 was a song what would it be and why?

**HWB**

**L.I. To explore the benefits of exercise**

<https://www.youtube.com/watch?v=ONZUfwAdHKE> watch this video about the benefits of physical exercise. How does exercise make you feel?

**Music – Mr Muller**

**Numeracy**

**L.I. To follow the rules of a game**

You’re probably used to playing UNO while sat calmly around a table, but you can turn this classic card game into an energetic (and quite tiring) active maths game.

Before you start playing, assign a movement for every colour. For example:

* Blue — touch your toes
* Yellow — star jump
* Red — hop on one leg
* Green — high knees
* Wild card — turn around and touch the ground

Whenever anyone lays a card, all players need to carry out the action assigned to that colour the correct number of times. So if someone lays a blue nine, you all have to touch your toes nine times.

\*If you don’t have UNO cards you could creatively adapt this game to regular playing cards. \*

**P.E. - Mrs Howard**