# Monday 15th June

## **FITNESS FORTNIGHT**

### **LIVE ON TEAMS TODAY**

- \*11am INspire challenge with Miss Norquoy\*
- \*3pm The Bolds to the Rescue with Miss Hesp/Miss Melrose\*

## **Literacy**

#### L.I. To read for information

Attached is a fact sheet about Scotland's landscape, along with some questions for you to answer in your green jotters.

**Alliteration** – complete the sheet with three stars at the bottom

**Metaphor** – complete the sheet with two stars at the bottom

**Personification** – complete the sheet with one star at the bottom

**Simile** – complete the sheet with one star at the bottom. Some of the works are quite tricky so you may want to ask a member of your household to help you read the text.

### **HWB**

## L.I. To improve flexibility

As children you are more flexible than adults. Flexibility means you can bend and stretch without much trouble.



Try out these flexibility exercises with an adult:

- 1. Touch your toes
- 2. Side stretches to the right and left
- 3. Forward roll
- 4. Star jumps



Choose your favourite, do it regularly and encourage an adult to join in with you!

## **Numeracy**

## L.I. To apply a range of problem-solving skills

**ALGEBROS/MATHLETES** - There has been a murder at the movies. Put your detective hat on and help to solve the mystery in this problem-solving challenge!

**NINJAS/MAGICIANS** - The potions teacher has been locked in the ghost tower! It is up to you to figure out who would do such a thing!

You have until Wednesday to complete the challenge (you could answer 2 clues a day)