

Physical Education - Home Learning Grid Week beginning: 8 June for P3

Curricular Area/Learning Intention	Tasks
<p>Learning across the Curriculum</p> <p>Physical Education: LI: Be able to mirror the actions showing good Rhythm & Timing skills</p> <p>LI2: Be able to use your concentration skills to find the items on the list.</p> <p>LI3: Be able to communicate your learning through verbal communication</p> <p>Benchmark Focus: Rhythm & Timing, Focus & Concentration, Problem Solving, Communication</p> <p>Numeracy Link: Counting objects found Literacy link: Speaking & Listening skills</p> <p>Equipment needed:</p> <ul style="list-style-type: none"> - List of Scavenger hunt objects - Pencil or pen - Walking shoes or trainers <p>FOR YOUR SAFETY: Please make sure that you are taking care performing any of the activities. Safety is key in any physical activity. Please make sure that you have enough space around you to perform and complete your activity. Move any objects out of the way before starting that may be a hazard and wearing clothing that is suitable for PE Activities, your laces are tied and that you are being supervised appropriately.</p>	<p>Task 1: Using the link below take part and follow the warm up challenge. Try to copy each move.</p> <p>The Maxarena Challenge: https://youtu.be/MAsP7TYPYcc</p> <p>Have you got the concentration skills to keep up?</p> <p>Task 2: Choose your level – Go setter, Challenger or Super Challenger:</p> <p>(Go Setter) Complete the Indoor Scavenger hunt – every time you find an object complete 15 jumping jacks</p> <p>(Challenger) Complete the Indoor and Outdoor Scavenger hunt</p> <p>(Super Challengers) Complete Both Scavenger hunts and make up your own</p> <p>Using the Scavenger hunt sheets complete depending on which level you choose.</p> <p>Resources: Indoor Scavenger hunt sheet Outdoor Scavenger hunt sheet</p> <p>Extension Task; Can you get someone else in your house to complete your scavenger hunt?</p> <p>See visual sheet to support your activities.</p> <p>If you want to let us know how you're doing with your PE skills you can email the school email address FAO: Mrs Howard.</p> <p>Have fun!</p>