THE GINGER BREAD MAN

Try this at home and keep me in a sealed box and you can play with me again and again.

Remember DO NOT EAT ME

Gingerbread Play Dough

I Cup of Flour Va Cup of Salt Va Tbsp. Ground Ginger Va Tbsp. Ground Cinnamon I Tbsp Vegetable Oil Va Cup of Water

Mix together and knead until smooth.

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Make and eat me! Share with your family. Can you get all the ingredients from the cupboard? Can you measure them all into the bowl? Will you be careful with the icing sugar?

Easy gingerbread men

Makes: 10 gingerbread men

- 110g margarine405g plain flour, sifted1 teaspoon bicarbonate of soda1/2 teaspoon ground ginger4 tablespoons water
- 110g dark brown soft sugar1 teaspoon salt1/2 teaspoon ground cinnamon275g black treacleIcing sugar to decorate

Method

Prep:20min > Cook:12min > Extra time:1hr chilling > Ready in:1hr32min

- 1. Cream margarine and sugar. Sift flour with salt, bicarbonate of soda and spices. Blend flour mixture into creamed mixture alternately with treacle and water. Chill at least 1 hour.
- 2. Preheat oven to 180 C / Gas 4.
- 3. Roll dough to 5mm thick. Cut with large 15 to 20cm gingerbread men cookie cutters. Lift onto lightly greased baking tray with broad fish slice.
- 4. Bake above oven centre for about 12 minutes or until biscuits spring back lightly in centre. Do not overcook, they won't stay soft. Remove from trays. Cool on wire racks
- 5. Use icing sugar to decorate. Follow instructions on box. Add sweets for eyes & buttons