## WINDYKNOWE PRIMARY SCHOOL RIGHTS RESPECTING SCHOOL WEEKLY CHALLENGE

Keep a food, drink

and exercise diary

for a week. Are

you keeping

yourself healthy?

Activity 1



Article 24 – ensures that every child has the right to the best possible health.

Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy.

Activity 2

The new hospitals being built are called Nightingales. Who are they named after and what did this person do to enable the right to good quality healthcare?

https://www.bbc.co.uk/bit esize/topics/zns9nrd/articl

es/znsct39



