


P1 Other Curricular Areas		
Expressive Arts	Health and Well Being	French
<p><u>Dance</u> Aim: To move creatively to music.</p> <p>Login to Espresso Education. Use the password in your pack. Go to First level – Science – Plants – Music https://central.espresso.co.uk/espresso/primary_uk/subject/module/music/item1197183/grade1/index.html Listen to ‘Walking in the Garden’ and ‘Waltz in the Park’. Create your own movements to match the music. Can you think of 3 different movements for each piece of music?</p> <p><u>Art</u> Aim: To record my ideas through art</p> <p>Make you own imaginative picture or model of what you might find at the top of a magical beanstalk. Is there a mystical land? What does it look like? Are there strange plants or creatures?</p> <p><u>Drama</u> Aim: To use movement and words to take on the role of another character.</p> <p>After hearing the story of Jack and the Beanstalk (see the Topic section) pretend to be one of the characters in the story. Use your body movements and words to show which character you are being.</p>	<p>Aim: To identify some ways of keeping my body healthy.</p> <p>Watch the following video on BCC Bitesize - What do humans need to stay healthy? https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zxvkd2p</p> <p>Discuss with someone all the different ways you can keep your body healthy and then in your jotter have a go at drawing people, places and food that can help you stay healthy.</p> <p>For example, your drawings could include things like the dentist, swimming pool, fruit.</p> <p>Extra challenge: Try and label your drawings with key words or add a sentence under each drawing to describe what is helping you to stay healthy.</p>	<p>Aim: To learn weather vocabulary in French.</p> <p>Le temps – The Weather</p> <p>Login to Espresso Education. Use the password in your pack. Type ‘French weather’ into the search tool then select the first video (39 seconds long) to watch. https://central.espresso.co.uk/espresso/modules/t2_allez/video_weather/video_weather.html?source=search-all-all-all-all&source-keywords=french%20weather#transcript</p> <p>il pleut – It is raining. il neige – It is snowing. il fait froid – It is cold. il fait mauvais – The weather is bad. il fait beau – The weather is nice. il fait chaud – It is hot.</p> <p>Practise saying these different phrases. Can you describe ‘le temps’ today? Try and do this most days and see how much our weather in Scotland changes!</p> <p>Click on the links beside the video for extra activities.</p>

RME	Topic	Music																																										
<p>Aim: To become aware of important celebrations in religious people’s lives</p> <p>Click the link below and watch the video all about Ramadan.</p> <p>https://central.espresso.co.uk/espresso/primary_uk/subject/module/video/item1047179/graded/module1044808/index.html</p> <p>Create your own ‘Kindness Calendar’. You could create one for the week or for the whole month. Add in simple ‘acts of kindness’ that you can do each day.</p> <div style="text-align: center;">  </div> <table border="1" data-bbox="91 783 808 1273"> <thead> <tr> <th>SUNDAY</th> <th>MONDAY</th> <th>TUESDAY</th> <th>WEDNESDAY</th> <th>THURSDAY</th> <th>FRIDAY</th> <th>SATURDAY</th> </tr> </thead> <tbody> <tr> <td></td> <td>1 Pick up trash</td> <td>2 Renew a friendship with someone</td> <td>3 Set the table for dinner</td> <td>4 Ask someone how they're doing and listen</td> <td>5 Thank someone who's made a difference in your life</td> <td>6 Help with the household chores</td> </tr> <tr> <td>7 Offer to take care of your siblings</td> <td>8 Spend some time with your family</td> <td>9 Feed a meal to the homeless</td> <td>10 Hold the door open for someone</td> <td>11 Help your friends with a problem</td> <td>12 Tell your parents how much you appreciate them</td> <td>13 Return a shopping trolley</td> </tr> <tr> <td>14 Help clear out trash in the house</td> <td>15 Smile at someone</td> <td>16 Complain less</td> <td>17 Share your lunch/snacks with someone</td> <td>18 Keep your things in their place after school</td> <td>19 Wash the dishes after a family meal</td> <td>20 Be patient with your siblings</td> </tr> <tr> <td>21 Give hugs</td> <td>22 Wish people a good day</td> <td>23 Write notes to all the people you care about</td> <td>24 Mind your manners in public and private places</td> <td>25 Respect the speaker at mosque</td> <td>26 Be polite to everyone you meet</td> <td>27 Pick up after yourself at mosque</td> </tr> <tr> <td>28 Genuinely compliment someone</td> <td>29 Follow the rules at school or work.</td> <td>30 Thank God for all your blessings</td> <td>31 Keep your room tidy</td> <td colspan="3" style="text-align: center;">“No act of kindness is ever wasted - no matter how small.”</td> </tr> </tbody> </table>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		1 Pick up trash	2 Renew a friendship with someone	3 Set the table for dinner	4 Ask someone how they're doing and listen	5 Thank someone who's made a difference in your life	6 Help with the household chores	7 Offer to take care of your siblings	8 Spend some time with your family	9 Feed a meal to the homeless	10 Hold the door open for someone	11 Help your friends with a problem	12 Tell your parents how much you appreciate them	13 Return a shopping trolley	14 Help clear out trash in the house	15 Smile at someone	16 Complain less	17 Share your lunch/snacks with someone	18 Keep your things in their place after school	19 Wash the dishes after a family meal	20 Be patient with your siblings	21 Give hugs	22 Wish people a good day	23 Write notes to all the people you care about	24 Mind your manners in public and private places	25 Respect the speaker at mosque	26 Be polite to everyone you meet	27 Pick up after yourself at mosque	28 Genuinely compliment someone	29 Follow the rules at school or work.	30 Thank God for all your blessings	31 Keep your room tidy	“No act of kindness is ever wasted - no matter how small.”			<p>Aim: To know how seeds grow. To understand the words root and shoot. To talk about a story.</p> <p>Login to Espresso Education. Use the password in your pack. Go to - First level – Science – Plants – Videos – How do plants grow?</p> <p>https://central.espresso.co.uk/espresso/primary_uk/subject/module/video/item1236909/grade1/module1197183/index.html</p> <p>Talk about what you have learnt from this video. In the same section look at the story ‘Jack and the Beanstalk’.</p> <p>https://central.espresso.co.uk/espresso/primary_uk/subject/module/video/item688955/grade1/module1197183/index.html</p> <p>Talk about the bean seeds in the story.</p> <p>If possible plant your own seeds. You could plant some in soil outside, some in a pot inside and some in a glass with wet kitchen towel. Watch them grow over the coming weeks. Spot the root, shoot, stem and leaves. You could take photographs or do drawings once a week to record the changes.</p>	<p>Aim: To find the pulse</p> <p>Login to Charanga and click onto the ‘Big Bear Funk’ Yumu pack.</p> <p>Listen to: Listen and Appraise - Big Bear Funk. Talk about the music using the questions as a guide.</p> <p>Further down, use the Games Track and find the pulse (the heartbeat of the music) by marching around. Can you find different ways of showing the pulse e.g. tapping, clapping etc?</p> <p>Click into: Learn to Sing the Song – Big Bear Funk; watch the video and learn the song, joining in, a verse at a time. When you feel ready use the ‘backing only’ and be the singing stars!</p> <p>*Next week we will move onto looking at the pitch.</p>
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Madhaya's
**Toddlers
 Ramadan Kindness Calendar**

Every act of kindness is charity - Prophet Muhammad (ﷺ)

<p>Make an Eid card for a neighbour</p> 	<p>Help set the table for Iftar</p> 	<p>Smile at everyone you see today</p> 	<p>Collect coins to give to charity</p> 	<p>Make homemade Eid gifts for loved ones</p> 	<p>Give Iftar to an elderly person</p> 
<p>Give someone you love a hug</p> 	<p>Plant a tree or flowers</p> 	<p>Do something nice for a family member</p> 	<p>Make Eid decorations for your home</p> 	<p>Open the door for someone</p> 	<p>Help clear the table after Iftar</p> 
<p>Draw a picture for a friend</p> 	<p>Donate toys to charity</p> 	<p>Leave a small toy at the park with a Ramadan note</p> 	<p>Leave change in the washing machine</p> 	<p>Invite someone over for Iftar</p> 	<p>Feed a meal to the homeless</p> 
<p>Write a thank you card to someone</p> 	<p>Bake cookies for an elderly neighbour</p> 	<p>Give Iftar to a neighbour</p> 	<p>Help with household chores</p> 	<p>Make Eid favours to give to neighbours</p> 	<p>Donate clothes to charity</p> 
<p>Leave water out for the birds</p> 	<p>Pay for a stranger's coffee</p> 	<p>Donate food to the food bank</p> 			
<p>Help prepare Iftar</p> 	<p>Make an Eid card for a family member</p> 	<p>Phone a family member and chat</p> 			