Easter Egg Game – Lets Playit!

**Game 1** – You will need a hider and a seeker. Play rock, paper, and scissors to decide.

The hider hides all the eggs either indoors or outside if you have garden space.

The seeker finds the eggs and brings them back to a chosen base.

Use the Hot or Cold idea as clues to help the seeker.

Together complete the fitness feats.

**Game 2 –**

Divide the eggs between you and someone in your family.

Hide and seek the eggs together.

Take turns reading out and performing the fitness feats.

**Game 3 –**

Can you devise/create a different game? Plan it and teach it to someone in your family?

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Remember – Have a 5 second rest in between your workouts

 Stretch at the end – slow arm circles, side bends, forward bends and breathe. Good job everyone!