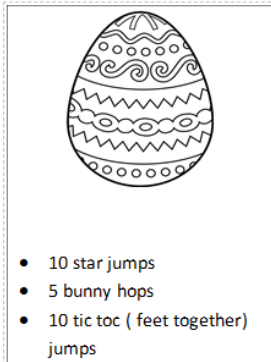




## Easter Egg Game Challenge

You will need: Paper, scissors, colours, sellotape, food tins or recycled items (i.e. cereal packet, yoghurt tub)

1. Draw, colour and cut out 6 Easter eggs on paper. (one example below).
2. Write out the fitness feats.
3. Attach your cut outs to the tins or recycled item.



Game 1 – you will need a hider and a seeker. The hider hides all the eggs indoors or outdoors. The seeker finds all the eggs and brings them back to a chosen base. Together perform the fitness feats.

Game 2 – Divide the eggs between you and a family member. Hide and seek the eggs together. Take turns reading out and performing the fitness feats.

## Choreograph a dance or learn a dance routine!

Check out Oti Mabuse for some inspiration at

[https://www.youtube.com/channel/UC58aowNEXHHnflR\\_5YTtP4g](https://www.youtube.com/channel/UC58aowNEXHHnflR_5YTtP4g)



Do a workout with Jumpstart Johnny – choose from Energizers, Challenges, Chillouts or Mindfulness

<https://www.jumpstartjonny.co.uk/home>

Chalk a hopscotch grid outside! Replace numbers with letters/tricky words/French words to make it trickier than usual!



Keep a balloon up in the air game!  
Use your hands, insect swatters or anything you can find to keep the balloon from touching the ground!



Make up your own game/sport. Try out how many socks you can 'score' into the washing basket. Try tin can bowling inside or outside. Get creative! Take photos/videos of your game

Be superheroes for a day with capes - what will be your superpower?

