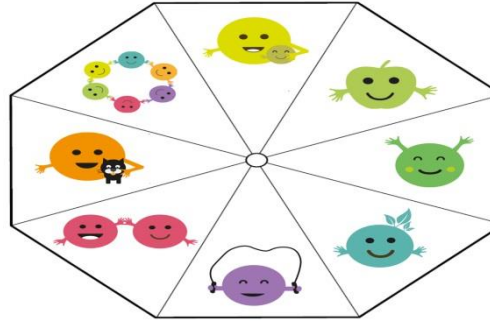


Our Wellbeing Characters



Tell our adults about our wellbeing characters, maybe we could practice doing some of the things that they like to do.

Harry Healthy, likes to stay healthy, he eats lots of fruit and veg. Can you try a new fruit or vegetable today?

Archie Achieving, he can count to 10 without using his fingers. How far can you count? For an extra challenge can you count backwards?

Norman Nurtured is looked after by his family at home. Who or what can you look after at home?

Adam Active likes to do lots of exercise. What is your favourite way to keep active, can you show your adult.

Rosie & Ruby respected like to play with their friends at nursery, they listen to their friends and share their ideas. How can we show respect at home?

Rolly Responsible has a cat called Jess he looks after it by feeding it and playing with it. How can we show that we are responsible, do we follow rules and follow instruction, are we a role model to anyone?

Iris Included has lots of friends at nursery and they like to play games together. Can we work together as a family to complete a job?

Sally Safe knows that her family keep her safe at home and the nursery teachers keep her safe at nursery. Is there anyone/anything you could keep safe at home, and what can we do to keep it safe?