Williamston Nursery Snack Menu Term 2

Snack time is an integral part of the social life of the nursery. It is also a time to reinforce children’s understanding of the importance of healthy eating.

Our 4 week snack menu is planned with our pupils to include personalisation and choice. Menus may vary in a themed week.

Water and Milk are always offered as a drink. A selection of varied fruits and vegetables are offered alongside a starchy carbohydrate.

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Week 1 | AM  Brioche | AM  Yoghurt | AM  ½ scone | AM  Plain pancake | AM  Bagel |
| PM/WA  cereal | PM/WA  Breadstick & dip | PM/WA  Cracker and cheese | PM/WA  Beans and toast | WA  Tomato Soup |
| Week 2 | AM  Baguette and cheese | AM  Savoury rice | AM  Homemade Soup | AM  Crumpet and spread | AM  cereal |
| PM/WA  Potato wedges | PM/WA  Brioche | PM/WA  Pasta and sauce | PM/WA  ½ scone | WA  Wrap and filling |
| Week 3 | AM  Wholemeal pitta and dip | AM  Cheese on toast | AM  Pasta and sauce | AM  Tomato Soup | AM  Wrap & filling |
| PM/WA  Baguette and cheese | PM/WA  Crumpet and spread | PM/WA  Tomato Soup | PM/WA  Cheese on toast | WA  Wholemeal pitta |
| Week 4 | AM  cracker and cheese | AM  Potato wedges | AM  Beans on toast | AM  Breadsticks and dip | AM  Cheese roll |
| PM/WA  Yoghurt | PM/WA  Bagel | PM/WA  Homemade soup | PM/WA  Digestive and cheese | WA  Savoury rice |