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| Health and Wellbeing | For a wee brain break try ‘Take a moment with Mrs McMillan – High 5 Breathing’: <https://youtu.be/yRUuB4If-jY> |
| Listening and Talking | Newsround –find out what is happening in the world today.  <https://www.bbc.co.uk/newsround/news/watch_newsround> |
| Maths | Mental Maths – Mathsbot.com website <https://mathsbot.com/starters/doNowStudent>  Number Talks  Click on the Assignment and complete the 4 questions  Maths – Time tables practise  Go to: <https://www.timestables.co.uk/> |
| Health and Wellbeing | All About Me activity sheet. Either print the activity sheet or use it as a template and create your own.  Go to Files, select Health and Wellbeing and click on activity sheet. |
| Health and Wellbeing | 5 items. If you were to bring in 5 items from home that would tell me about you, what would they be? Photograph or draw and label your 5 items, explaining why you have chosen them. If you wish, you can create a word document in Teams. |
| Cross curricular | Select a modern song and create your own lyrics for 20 seconds that you can wash your hands to. |
| IDL | Log on with and complete a task  <https://idlsgroup.com/>  You need to use google chrome to access it and ensure the microphone is working, otherwise lessons may not progress. |