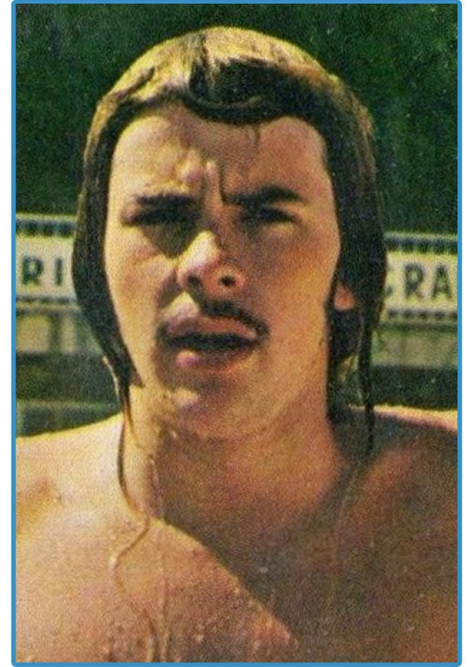


David Wilkie

At his first Olympics in 1972, David Wilkie won silver for his 200-metre breaststroke swim. He went on to become the first British male swimmer to win an Olympic title for 68 years when he won the 200-metre gold medal for breaststroke in the Montreal Games in 1976. His win also broke a world record by three seconds. David won silver at the same Olympics for the 100-metre breaststroke.

David's parents came from Aberdeen but he was born in Sri Lanka where his father worked as a tea planter. He was first to wear a swim cap and goggles together, now common attire to help streamline the swimmer in the water.



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Allan Wells



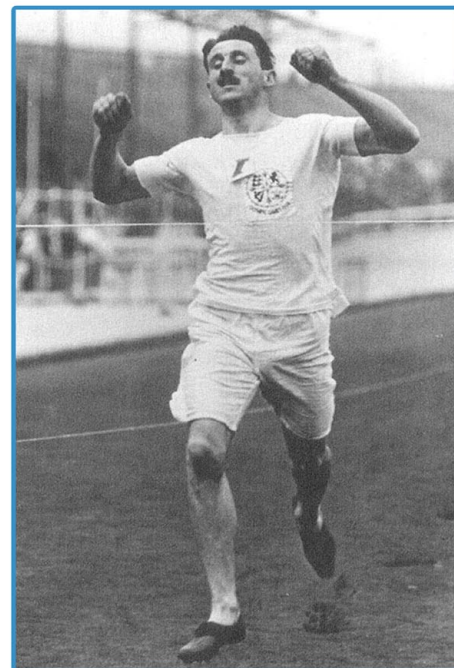
Allan Wells, whose hometown is Edinburgh, is a former track and field sprinter. He was a junior triple jump and long jump champion. He won Olympic gold for 100-metre sprint and silver for 200-metre sprint at the 1980 games in Moscow. With his Olympic gold, Wells became the first Briton to achieve that success for 56 years. He was then the oldest Olympic 100-metre sprint champion, at age 28. His personal best time for the 100 metres is 10.11s and for the 200 metres is 20.21s. These are still Scottish records.



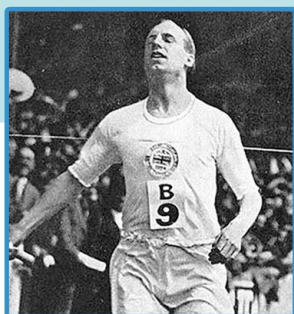
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Wyndham Halswelle

Wyndham Halswelle was born in London, although his mother came from Scotland. He was the first British athlete to win an individual Olympics athletics title. In the 1908 400m final, only 4 men lined up for the race; Halswelle and three American athletes. The three other athletes used tactics to block Halswelle's path, however Olympic judges declared a 'No Race'. One of the athletes was disqualified for this behaviour and the other two decided to boycott the race re-run. Halswelle ran the race on his own in 50 seconds, winning a gold easily! From this point onwards, all 400m races were run in lanes and the International Amateur Athletic Federation was founded to make sure worldwide rules were set and followed.



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Eric Liddell

Eric Liddell was born in Tientsin, China in 1902. His parents were Scots missionaries. This Olympic 400m champion is well known because of the film 'Chariots of Fire'. It told a little about the life story of a man who had a strong Christian faith.

At the age of six, he was enrolled in Eltham College, a boarding school in London. At Eltham, he was an outstanding sportsman and later played rugby at Edinburgh University but gave that up to focus on his running. He knew before the 1924 Paris Olympics that the 100m race was to be held on a Sunday. His Christian beliefs meant that he would not compete on this day so he trained instead for the 200m and 400m. Liddell won a bronze medal in the 200m and he set an Olympic record of 47.6s for the 400m; winning his gold by a lead of 6 metres. He is quoted as saying, "The secret of my success over the 400m is that I run the first 200m as hard as I can. Then, for the second 200m, with God's help, I run harder."

After the Olympics, Liddell went to China as a missionary, living in dangerous circumstances, helping the sick and looking after people caught up in the hostilities between China and Japan. Liddell died in a Japanese internment camp in China before the end of WWII.



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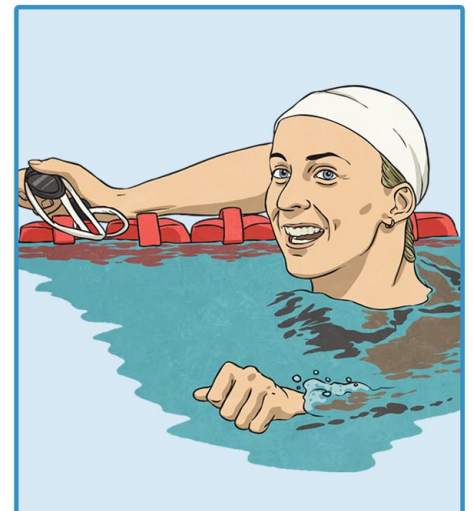
Liz McColgan



Liz McColgan, an athlete who originated from Dundee, won the silver medal in the 10 000-metre race at the 1988 Seoul Olympic Games. She competed in two other Olympic Games, finishing fifth in Barcelona in 1992, and sixteenth in the marathon in 1996. In 1991, she won a World Championships 10 000m gold in Tokyo, which was seen as one of the greatest endurance performances ever. She retired from professional sport in 2004.

Alison Sheppard

Alison Sheppard, who was born in Glasgow, is a swimmer who competed in five consecutive Olympic Games from Seoul in 1988 to Athens in 2004. In the Sydney 2000 games, Sheppard was the only UK finalist. Her fifth appearance at the Athens games was a record for any swimmer. Whilst Alison holds no Olympic medals, she won Commonwealth gold and bronze medals in 2002, breaking British and Commonwealth records in the 50m freestyle event. She retired from professional swimming in 2005.



Sir Chris Hoy



Sir Chris Hoy, who originates from Edinburgh, is Scotland's most successful Olympian. He has competed in cycling sprint events in four Olympic Games and has won the following medals:

London 2012 - 2 golds

Beijing 2008 - 3 golds

Athens 2004 - 1 gold

Sydney 2000 - 1 silver

Sir Chris retired from competitive cycling in 2013. He is the first Briton since 1908 to win three gold medals in a single Olympic Games, and the most successful Olympic male cyclist of all time.

Andy Murray

Andy Murray, who originates from Dunblane near Stirling, has been playing tennis since he was a boy. He is the 2012 US Open Champion, the 2013 Wimbledon Champion and the reigning Olympic Singles Champion. Andy competed in the London 2012 Olympics and won Gold at the Men's Tennis Singles and Silver at the Mixed Doubles with his team mate, Laura Robson. He is also the 2016 Wimbledon Champion



Katherine Grainger



Katherine Grainger was born in Glasgow and is Britain's most successful female rower and the only female athlete, in any sport, to win medals at four consecutive Olympic games. She has competed at four Olympic Games, winning gold or silver medals in women's rowing events. Katherine won silver at the Summer Games in Sydney, Athens and Beijing in 2000, 2004 and 2008. In London 2012, she won gold in the double sculls event with her rowing teammate Anna Watkins.

Timothy Baillie

Tim Baillie is a Scottish slalom canoeist from Westhill in Aberdeenshire. Canoe slalom is where competitors aim to navigate their canoe through a course of hanging gates over the rapids in a river in the fastest time possible. Tim won gold at the London 2012 Olympic Games in the Canoeing C2 event with his partner, Etienne Stott. C2 stands for Canoe and the number of paddlers. Tim announced his retirement from international canoe slalom racing in 2014.

