Health and Wellbeing Grid P1 – choose one activity

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| Draw a picture of the nicest dream you have ever had. There is a template if you click below. | <https://www.bbc.co.uk/bitesize/clips/zdxqxnb>Watch the above clip and tell someone about it. * How do you feel when you are with your family?
* Can you think of a song that explains how you feel about your family?

  | Watch the clip. It is a French counting game, played by children in France. Can you play this with someone – outside or inside?<https://www.bbc.co.uk/bitesize/clips/zrdg9j6> |