

Emotion Works

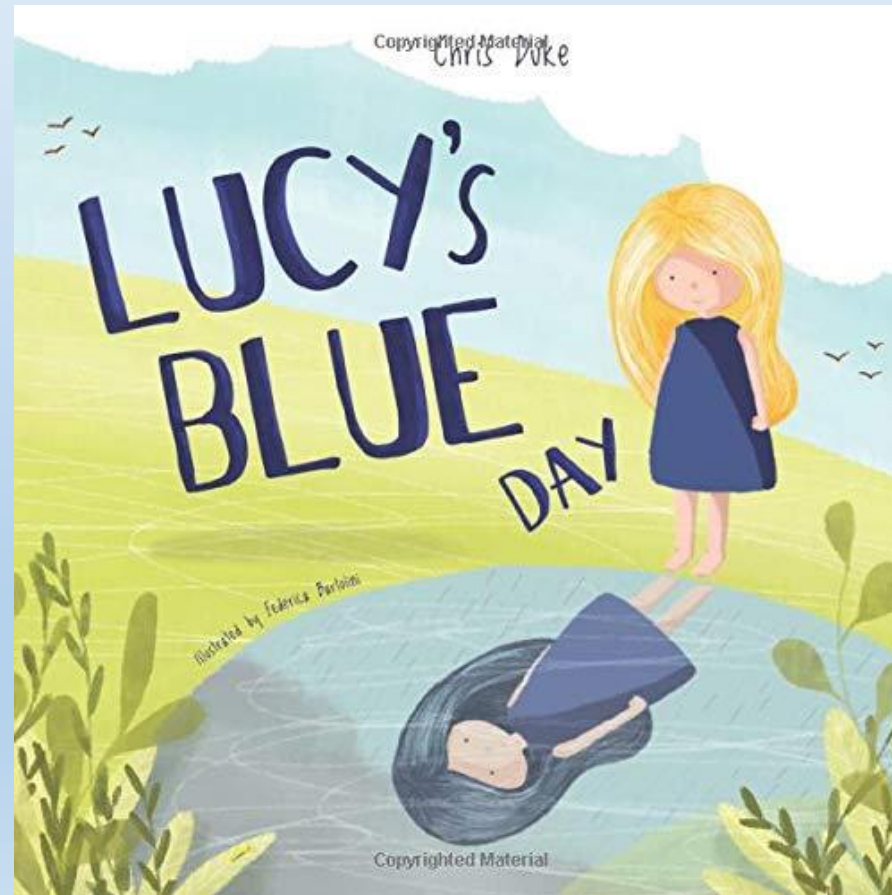
Week 1

What's the word for the emotion?



Watch

- <https://www.youtube.com/watch?v=UmrUV8v-KQg>



Think

- Think about how you have felt over the last few weeks, how would you describe your feelings and emotions?
- Have you had days when you have felt the same way as Lucy? Talk to an adult about how you felt and why.
- What colour is Lucy's hair when she is:

Happy?

Angry?

Sad?

Jealous?

Create

- Draw a picture of yourself . Think about all the different colours that Lucy's hair was in the story.
- Choose one of the emotion words and make sure you colour your hair a crazy colour to match your mood:
- Red = angry
- Purple = happy
- Green = jealous
- Blue = sad

Challenge! *How many more emotion words can you think of? Write them down to share with your class!*

Share

- If you would like to share your self-portraits we would love to it!
Share in your class blog or tweet @TEAMUphallPS

