



# Starting Your Transition to Primary 1

**Welcome to our transition activities**

*We will focus on a health & wellbeing, numeracy and literacy activity every week.*

We are so excited that you are starting primary 1 and would like to start off our transition activities today by creating an 'all about me' picture. We are looking forward to seeing all your creations.

*Activity 1: All About Me (Health & Wellbeing)*



***With adult support make an all about me picture***

***Suggestions:***

*Draw a picture of yourself*

*Write your name on it*

*What is your favourite toy?*

*What is your favourite book?*

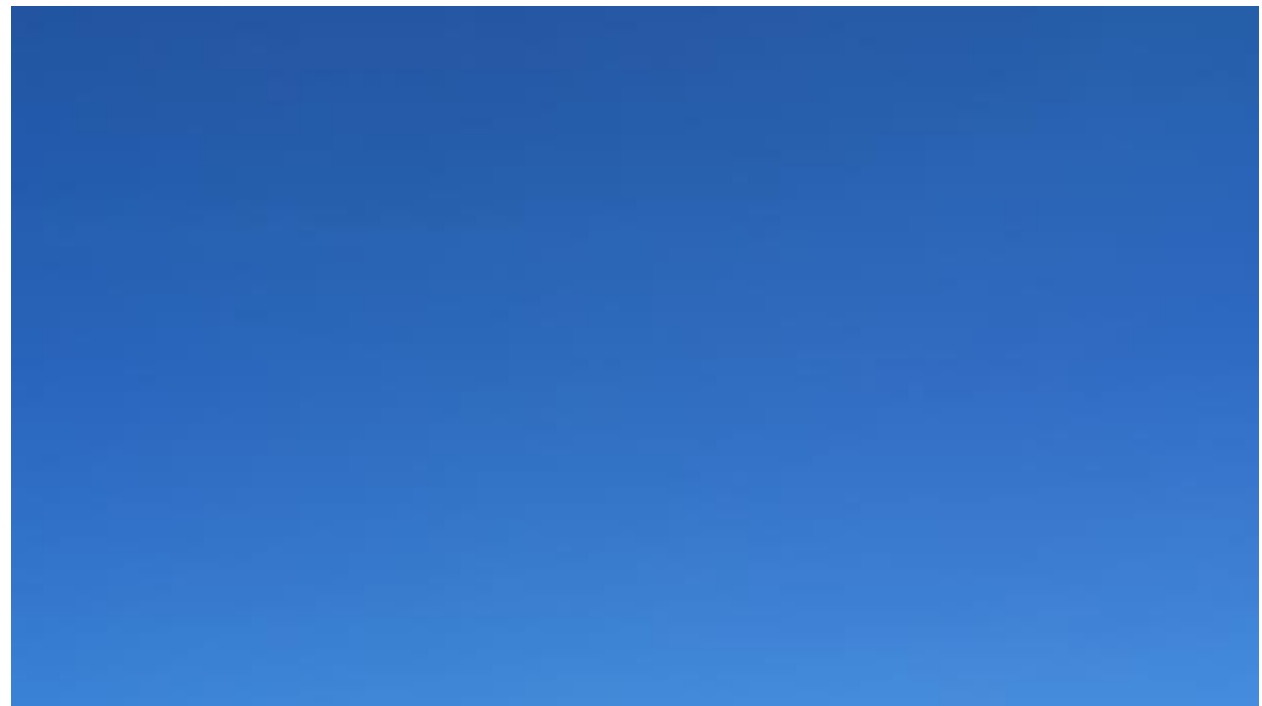
*Do you have a pet?*

*What is your favourite activity at home?*

*Favourite place to visit*

*Take a photo of the picture and send it to us via email - [wluphall-ps@westlothian.org.uk](mailto:wluphall-ps@westlothian.org.uk) or your Learning Journal*

## Activity 2: Counting (Numeracy)



Collect 20 items such as stones, lego, coins and lay them out. Ask your child to count them, practice counting up to twenty and back down to zero. Add more items if your child can go higher.

You could place the written number beside the items and see if you can develop your child's recognition for numbers.

### Activity 3: Sing a Song (Literacy)



Sing your child's favourite songs and ask questions about it. Extend your child's vocabulary by speaking about some of the words in the song.

**Copy and paste the link, and you can sing together:**

<https://www.youtube.com/watch?v=4g0NbaukkQc>