General task grid WEEK 3

See the blog for daily Numeracy and Literacy lessons and tasks <https://blogs.glowscotland.org.uk/wl/uphallprimary/>

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| Join ‘Go Noodle’ <https://www.gonoodle.com/> (it is free) and choose a fun, daily fitness activity. | Illustrate the lifecycles of several creatures. | Film study. Watch a film and write a review on it. |
| Conduct a sleep study. Record when you go to bed and get up. Calculate how much sleep you’ve had. Find out about the effects of not getting enough sleep. | List some physical attributes which can be different in different people, e.g. height, hair colour, eye colour- present this information in a visual way. | Discuss and demonstrate how sounds can travel though different materials. |
| Visit Cosmic Yoga<https://www.cosmickids.com/>  | Design a new book cover for your favourite book | Draw a portrait of someone in your family. |