

Health and Wellbeing	9am - Join Joe Wicks (The Body Coach) on his YouTube channel for daily live workouts. OR for a wee brain break try Andy's Wild Workouts https://www.bbc.co.uk/iplayer/episode/p06tmn8z/andys-wild-workouts-series-1-2-african-savannah
Science	10am - The Glasgow Science Centre will be bringing a bit of science into your home every day.
Listening and Talking	11am – The World's Worst Children! Elevenses with the world of David Walliams. https://bit.ly/AudioElevenses
Listening and Talking	Newsround – news bulletin times 9.15am, 12.10pm, 4pm https://www.bbc.co.uk/newsround/news/watch_newsround
Listening and Talking and Science	Quantum Magic Lab with Kevin Quantum – lesson 2 https://www.youtube.com/watch?v=GTfOul5ALIA
Maths	<u>Mental Maths</u> – Mathsbot.com website Click on 'Starters and Drills' tab then 'Do Now student!' section <u>Number Talks</u> – Complete in the Assignments section. <u>Maths</u> – Times tables Practise. Files – Maths folder – select maths group for online task. View youtube for 9xtable practise https://youtu.be/cGsrC6ZPVGGM <u>Problem of the Day</u> – Day 2 Files, Maths Folder and select Day 2. Mild or Hot you decide. 1 st page is mild, 2 nd page is hot.
Reading	Select a new book to act as your home reader. Read the first 2-3 chapters of this book. (Remember, you will be asked to complete reading challenges based on your chosen book)
Spelling	Click on files section in Teams then the Literacy folder then Spelling folder for this week's words. Activity: - 'Backwards Words'. Write your words as normal and then write them backwards (sdrawkcab).
Writing	Imaginative story. Access Files, Literacy and Writing folder.