

Health and Wellbeing	<p>9am - Join Joe Wicks (The Body Coach) on his YouTube channel for daily live workouts. OR for a wee brain break try Andy's Wild Workouts</p> <p>https://www.bbc.co.uk/iplayer/episode/p06tmn51/andys-wild-workouts-series-1-1-under-the-sea</p>
Science	<p>10am - The Glasgow Science Centre will be bringing a bit of science into your home every day.</p>
Listening and Talking	<p>11am – The World's Worst Children! Elevenses with the world of David Walliams.</p> <p>https://bit.ly/AudioElevenses</p>
Listening and Talking	<p>Newsround – news bulletin times 9.15am, 12.10pm, 4pm</p> <p>https://www.bbc.co.uk/newsround/news/watch_newsround</p>
Listening and Talking and Science	<p>Quantum Magic Lab with Kevin Quantum – lesson 1</p> <p>https://www.youtube.com/watch?v=g_Uk6ma1YWo</p>
Maths	<p><u>Mental Maths</u> – Mathsbot.com website Click on 'Starters and Drills' tab then 'Do Now student!' section</p> <p><u>Number Talks</u> – Mathsbot.com website Click on 'Tools' then 'Grid Method'</p> <p><u>Maths</u> – Times tables Practise. Select multiplication & division. Choose mild (2-5 x table), hot (6-12 x table) or spicy (2-12 x table)</p> <p>https://www.topmarks.co.uk/number-facts/number-fact-families</p> <p>View youtube for 4xtable practise https://youtu.be/9ue9Kux95H0</p> <p><u>Problem of the Day</u> – Day 1 Files, Maths Folder and select Day 1. Mild or Hot you decide. 1st page is mild, 2nd page is hot.</p>
Reading	<p>Reflective Reading – Blankety Blank Task. Files, Literacy Folder, Reading folder and then click on Matilda Blankety Blank. Read through the extract. Read it again and work out what appropriate words could go in the blank spaces. Enter your answers in the Assignment set.</p>
Spelling	<p>Click on files section in Teams then the Literacy folder then Spelling folder for this week's words and Morse Code help sheet. Activity: - 'Morse Code'. Use Morse Code to spell your words. Check out:</p> <p>https://www.youtube.com/watch?time_continue=55&v=kDeVR6sWFZ4&feature=emb_logo</p> <p>Write your words in your jotter, then write them in Morse Code. When finished ask an adult to check your code.</p>

Grammar	<p>Watch the short video: https://www.youtube.com/watch?v=94cdAyyPj3Q</p> <p>Complete the quizzes: https://www.turtlediary.com/quiz/identifying-adjective-in-a-sentence-first-grade.html</p> <p>Play the game: https://www.turtlediary.com/game/adjective-words.html</p>
Afternoon Tasks IDL and Health & Wellbeing	Mr Blair will provide you with activities for these areas.