

Thursday 26^h March 2020

Daily Activities



PE with Joe Wicks 9-930am

Or



SUPER FUN EXERCISES FOR KIDS

Fit activity for kids what's your name?

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- | | |
|---|--|
| A jump up & down 10 times | N pick up a ball without using your hands |
| B spin around in a circle 5 times | O walk backwards 50 steps and skip back |
| C hop on one foot 5 times | P walk sideways 20 steps and hop back |
| D run to the nearest door and run back | Q crawl like a crab for a count of 10 |
| E walk like a bear for a count of 5 | R walk like a bear for a count of 5 |
| F do 3 cartwheels | S bend down and touch your toes 20 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for a count of 17 |
| H hop like a frog 8 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird 25 times |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X try and touch the clouds for a count of 15 |
| L pretend to jump rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 somersaults | Z do 10 push-ups |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYSMELL.COM

Literacy - Activities Based On Grubby Gertrude - World's Worst Children - David Walliams

<https://soundcloud.com/harpercollinspublishers/the-worlds-worst-children-by/s-dqoZWNyMFFq>

VCOP (Vocabulary, Connectives, Openers, Punctuation)

LI - We are learning to use interesting vocabulary.

SC - We can select descriptive vocabulary to describe the character we create.

Reading

LI - we are learning to visualise.

SC - We can use our visualisations to create our own monsters.

Task

Create your own rubbish monster inspired by the one in Grubby Gertrude's bedroom and label it using descriptive vocabulary. You can draw a picture of your monster, or better still, create a monster using egg cartons, boxes, paint and bits of scrap paper from home!

CHALLENGE!! Write your own short story about how it was created and what it does next.















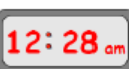


Ideas to include:

- What is the monster made from?
- What does it like to eat?
- What does it like to do?
- Can it talk?
- What happens when the monster breaks out of your bedroom?

Numeracy and Maths

Rigour Maths Calendar (on files)

Choose Calendar 1 (mild) or calendar 2 (spicy/hot) and complete 3 questions of your choice

		<p>March CfE  1st Level Calendar</p> <p>#abitofmathseveryday </p>		<p>1</p> $\begin{array}{r} 23 \\ + 49 \\ \hline \end{array}$	
<p>2 Write the number 3004 in words</p> 	<p>3 Today is National "I want you to be happy" Day. How many lines of symmetry does this smiley face have?</p> 	<p>4 Write these numbers in order from the smallest to the biggest: 111, 11, 1111, 1</p>	<p>5 How many days are there in July?</p> 	<p>6 Write the time shown here in words</p> 	<p>7 Calculate 3×6</p>
<p>8 Can you name this 3D object?</p> 	<p>9 Calculate 99×10</p>	<p>10 What number is 500 less than 1200?</p>	<p>11 In the number 123 456 what does the 3 stand for?</p>	<p>12 Today is National Girl Scouts Day. If a group of girl scouts sell 8 boxes of cookies priced at 60p each how much money will they make?</p> 	<p>13 What is the value of the missing number represented by the shape below? $6 + \triangle = 7$</p>
<p>14 Round £3.14 to the nearest pound</p>	<p>15 How many 20p's are there in £6?</p> 	<p>16</p> $\begin{array}{r} 33 \\ - 17 \\ \hline \end{array}$	<p>17 Today is St. Patrick's day. Do you know which country has this flag? What fraction of this flag is shaded green?</p> 	<p>18 What is the name of this 2D shape?</p> 	<p>19</p> $\begin{array}{r} 34 \\ \times 8 \\ \hline \end{array}$
<p>20 Calculate $45 \div 5$</p>	<p>21 Write the next two numbers in this sequence. 3, 6, 9, 12, ...</p>	<p>22 Is this statement true or false? $1 > 2$</p>	<p>23 Today is National Puppy Day. Did you know that puppies sleep for 15 hours every day? How many hours sleep is this per week?</p> 	<p>24 If today is Monday, what day will it be a day less than a week later?</p>	<p>25 Today is National Waffle Day. How many squares can you see in this Belgian Waffle?</p> 
<p>26 Write the following in 24 hour time...</p> 	<p>27</p> $\begin{array}{r} 2 \quad 5 \quad 4 \\ \hline \end{array}$	<p>28 On this map, what direction should the jeep travel in to get to the checkpoint?</p> 	<p>29 Write the 29th of March 1984 as numbers only.</p> 	<p>30 Today is National Doctor's day. Josh is 19 years old and is training to become a doctor. He needs to spend 4 years at University followed by 7 years of training. How old will he be when he becomes a doctor?</p>	<p>31 Which is bigger? 4×4 or $15 \div 3$ Give a reason for your answer!</p>

2 $\begin{array}{r} 1986 \\ + 597 \\ \hline \end{array}$	3 What is the name of this shape? How many sides does it have? How many vertices? 	4 Calculate 10% of £57	5 Calculate the area of the rectangle below... 	6 Write 30 709 in words	7 Which of these are multiples of 15? 30, 55, 60, 75, 80										
8 Calculate $3 + 7 \times 8$	9 Calculate the perimeter of this shape... 	10 How many lines of symmetry does this sign have? 	11 Draw a table like the one below and put the angles in the correct columns... 124°, 237°, 90°, 51°, 180° <table border="1"><thead><tr><th>acute</th><th>right</th><th>obtuse</th><th>straight</th><th>reflex</th></tr></thead><tbody><tr><td></td><td></td><td></td><td></td><td></td></tr></tbody></table>	acute	right	obtuse	straight	reflex						12 Which of these are equivalent fractions to $\frac{1}{7}$? $\frac{2}{12}, \frac{3}{21}, \frac{4}{32}, \frac{5}{35}, \frac{6}{48}$	13 John went to bed at 9:39 pm and woke up at 7:17 am. How long did he sleep?
acute	right	obtuse	straight	reflex											
14 Change 314 seconds into minutes and seconds...	15 Solve the equation below... $7x = 98$	16 $\begin{array}{r} 87 \cdot 65 \\ - 12 \cdot 34 \\ \hline \end{array}$	17 Which of these are factors of 36? 1, 3, 8, 9, 10, 12	18 Calculate the missing angle... 	19 What is the name of this 3D object? How many faces does it have? 										
20 $\begin{array}{r} 274 \\ \times 5 \\ \hline \end{array}$	21 What are the coordinates of point A? 	22 How much water is shown? 	23 Simplify the fraction below... $\frac{20}{36}$	24 Calculate the volume of this shape... 	25 $\begin{array}{r} 8 \overline{) 93 \cdot 92} \end{array}$										
26 Write down the missing numbers from this number line... $-32 \quad -24 \quad ? \quad -8 \quad 0 \quad ?$	27 Write down the next two numbers in the sequence below 13, 9, 5, 1, ...	28 Calculate $\frac{3}{4}$ of 32	29 What is the direction of travel from Germany to Austria? 	30 Calculate; 63×200	31 What fraction of this shape is shaded? 										

Maths

LI - We are learning to gather data

SC - We can create a table that helps us to organise data

We can use tally marks

Find and record how many of these items are in or around your home. Use your jotter to create a table and record your information. We will be using this information next week. Choose EITHER the indoor or outdoor option, remember to stay in your garden!

Indoor options - How many:

Black pens
Phones
Hats
Remote controls
People

Outdoor options - How many:

Twigs
Trees
Flowers
Feathers
Bushes

Outdoor Learning

Rob from Kids Gone Wild has given us this exclusive link for his partner schools only!

<https://prezi.com/view/OLhI69WNkNTSdjW372An/>

Rob uses pasta but if that isn't available there are more ideas here!
Have fun

<https://schoolgardening.rhs.org.uk/resources/activity/make-a-simple-bug-or-ladybird-home>