

We are on our way



FUN
NURTURE HONESTY

RESPECT
FRIENDSHIP
LOVE

Leading in Learning
through Love and Faith



#5starschool



to supporting wellbeing



Nurtured

- Having adults I can talk to
- Feeling I belong



Each class has a designated safe space which is agreed with all children. Around the school we also have dens which enable pupils to take time out when it is required.



All classes participate in the daily mile. Teachers take the opportunity to have conversations with their children who may need a check-in from an adult



The Rainbow room is a safe space for children to grow and learn. It is a space which helps us to develop the skills which we can then use in the classroom. Lots of our children need this space at different points in St Columba's



Every child in our school has an emotional check-in every morning to allow the staff to plan to suit the individual needs of their learners



Active

- Being active
- Learning outside



- Our children receive 2hrs of PE delivered by a PE specialist
- We have a range of after school clubs designed to encourage children to adopt a healthy lifestyle
- We work in Partnership with our Active Schools Co-ordinator to ensure a range of activities are offered
- We are building more links with our community by beginning to participate in authority wide sporting competitions
- We have developed links with Scottish Rugby and Livingston FC so our children experience attending sports .



Achieving

- Valuing my achievements
- Agreeing learning targets with adults



We informally celebrate our achievements in class and with members of SLT. Children are encouraged to share work with the HT on Fridays at Wonderful Work time.



We ensure reflection time is built into our learning cycle every lesson and then each day using our 5star Reflection Section. Children reflect weekly on targets



We have high expectations for all our learners. We encourage children to have a growth mind-set in order to continue to improve in their work at school, and ensure this skill is embedded in our children for life.



Respected

- Feeling valued
- Getting praise and encouragement



- Our children are fully involved in the life of the school. Pupil voice is paramount to the changes we make in our school which directly affect our young people.
- Pupils participate in
 - Value Committee, this year there has been a significant rise in the work of these committees
 - Pupil voice through learning- children reflect weekly on their work through literacy, numeracy and health and wellbeing
 - Children share their work regularly with their parents



Healthy

- Looking after my body and mind
- Feeling loved and trusted



Children use emotion works to support their understanding of how emotions affect our bodies. We plan to expand this next year and support it through the development of emotional literacy.



We run daily breakfast clubs for all children. Children are encouraged to eat a healthy breakfast everyday. They are supported socially by playing early morning games.



Responsible

- Showing care and respect
- Learning to make good choices



Pupil voice is paramount to ST Columba's. We regularly meet with them to discuss their work, changes within the school or to discuss matters which directly affect them as pupils



Children truly lead in their own learning. They set weekly targets in literacy, Numeracy and HWB. This allows children to reflect on their work and set true next steps to ensure the continue to succeed.



safe

- Feeling safe
- Having adults I trust



We encourage positive behaviour in our school. We use the stairway system to ensure all children and staff follow the same consistent routine. This will begin to change over the next year.



All children are encouraged and supported to develop relationships with adults in the school where they feel safe, trusted and listened to. Next session we will allow children to identify adults they genuinely feel safe with to ensure they always have a safe person to talk to



Included

- Feeling part of my nursery/ school
- Feeling listened to



Children check in daily with their emotions. This allows staff to support children with their day.



We talk to children regularly about the wellbeing indicators. They have individual conversations termly with teachers and discuss their wellbeing web



Children are part of focus groups and talking circles to share their views on the work of the school. We plan to use the HIGIOS for children further next session