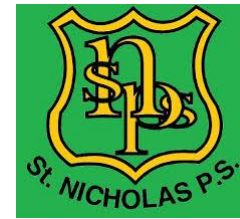




Kingswood
Inspiring Learning





Learning Outside the Classroom

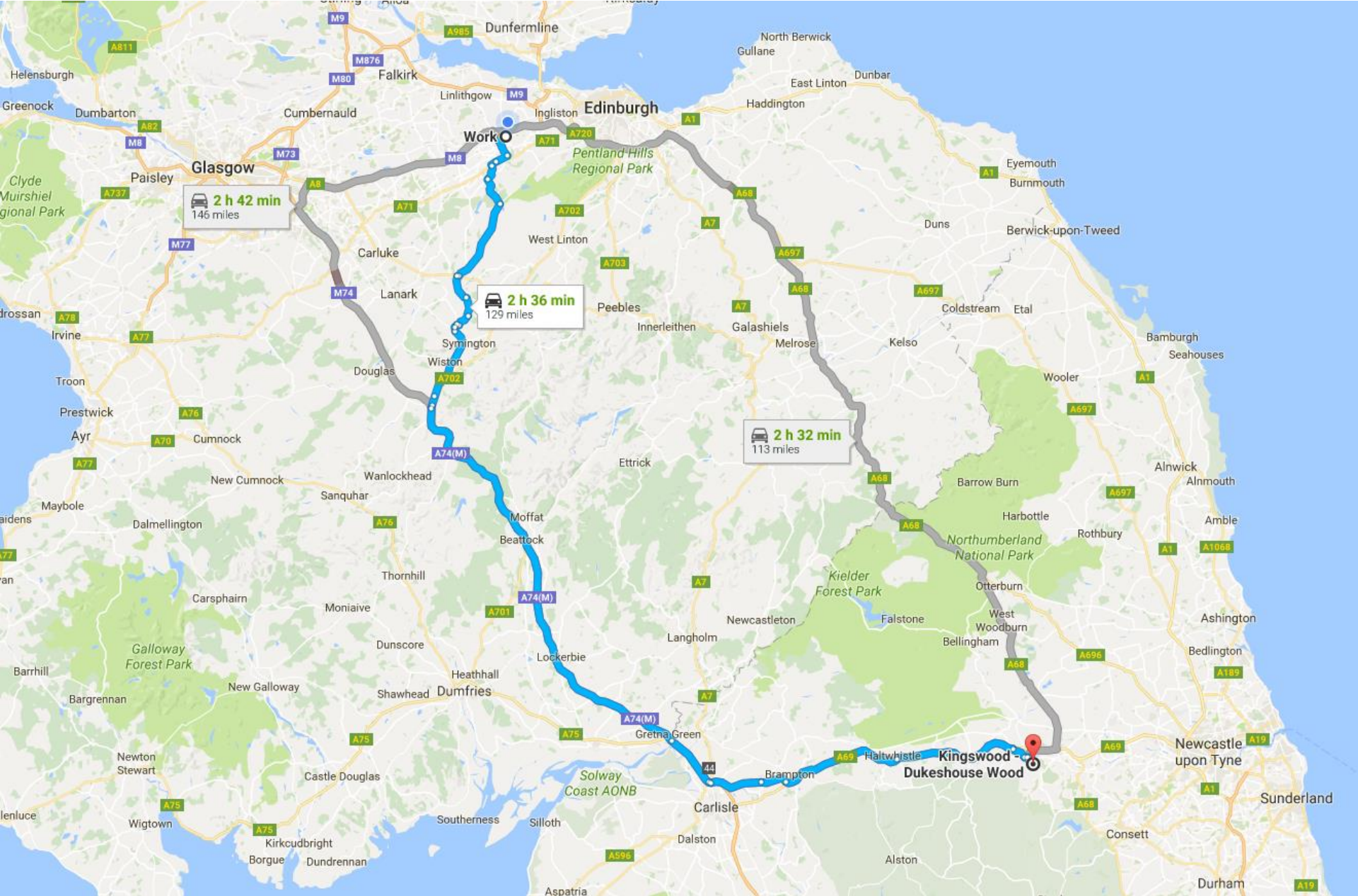
Pumpherton & Uphall Station CPS
Broxburn Cluster Transition Camp
Tuesday 17 to Friday 20 April 2018

Introduction to Kingswood

We support teachers in bringing learning to life and with 30 years' experience, we know what works and we are proud to deliver immersive learning at it's very best.

- Working with 3,500 schools per year and 130,000 students, we are a leading trusted provider of residential trips
- We aim to instil self confidence and a sense of achievement through a positive experience which is educational and enjoyable, challenging and rewarding
- **We know what we are doing!**
 - Founding members of the British Activities Providers Association (BAPA)
 - We hold a 'Learning Outside the Classroom' quality badge and have full accreditation with all relevant agencies





Your centre – Dukeshouse Wood

Dukeshouse Wood has had a whole raft of new adventure activity features installed to become one of the country's leading residential activity centres. The activity park houses many of these new additions including a quad bike track, zipwire, outdoor laser, Jacob's ladder, an outdoor climbing and abseiling tower and leap of faith.



- | | | |
|----------------------|-------------------|-------------------|
| 1 Reception & diner | 5 Aeroball | 9 High ropes |
| 2 Accommodation | 6 Problem solving | 10 Archery |
| 3 Fencing/disco hall | 7 Quad biking | 11 Zip wire |
| 4 Activity barn | 8 3G swing | 12 Team challenge |

Your centre – Dukeshouse Wood

- Set in 18 acres of unspoilt countryside
- All our programmes are tailor-made to suit individual needs, requirements and learning outcomes
- Over 40 activities are available, including leap of faith, abseiling, 3G swing, giant zipwire and bushcraft
- The centre also has a weather-friendly activity barn housing an indoor climbing and laser arena
- Can accommodate up to 310 young people in multi-bed rooms, all with en-suite facilities



A day full of fun

A typical day at Kingswood runs as follows:

- Breakfast is served between 7.30am and 9am
- First activities start around 9.30am
- 10 minute juice break
- Lunch time allocation between 12pm and 2.30pm
- A full afternoon of activities
- 10 minute juice break
- Evening meal time allocation between 5pm and 7pm
- Evening activities from 8pm followed by hot chocolate (on request)
- Lights out by 10.15pm



Kingswood will create a programme to meet specific objectives, needs and learning outcomes.

- Six activity sessions per full day plus one final evening session
- Fully qualified Kingswood activity instructors lead all activities
- Students are encouraged and praised during activities but are NEVER forced to take part if they are not comfortable doing so

While other groups will also be present on centre during our stay, all programmes and activities are conducted separately, unless otherwise stated.

Food glorious food!

It's important for students to maintain high energy levels throughout your stay, so three freshly-prepared, healthy buffet style meals are served daily in the communal dining area.

- All meals are nutritionally balanced and meet the latest Government standards on childrens' meals
- A varied choice is always offered, with both hot and cold meals, a salad bar, at least one vegetarian option and yes, sometimes even chips!
- Plenty of juice and water is available at all meal times
- Most dietary requirements can be catered for as long as we are told in advance - forms will be issued to the group prior to your visit for this purpose and to establish any medical needs



Bedtime routine

A busy time and on the go activities mean that plenty of sleep is required to recharge the batteries. Pupils will have a time to be in bed – teeth brushed – and when the lights are turned off it is time for sleep. Usually around 10:00pm



Sleeping – a home away from home!

- All residential dormitories are warm, comfortable and 100% secure
- Girls and boys sleep in separate areas and teachers rooms are located close by to allow for plenty of close supervision
- All bedding is provided at the centre - one of the very first tasks for all students is making up their own beds – homework!
- Separate showers and toilet facilities are available for girls and boys
- Dorms at Dukeshouse Wood are single sex, multi-bed rooms all with en-suite facilities



Children will be asked to choose a partner for their room allocation, they will be in a room with someone else that they know – but will not have choice over all of the people in the room. We may have some children from St Nicholas sharing our dorms.

It is extremely helpful if you ensure that children can make their own bed, including putting on a duvet cover and a fitted sheet.

Please advise us of incontinence so that it can be dealt with if necessary. Beds can be changed quickly and discreetly, but only if the children are given the confidence to tell a member of staff

Safety and wellbeing

We know how daunting it can be letting your child go on a residential visit, so we do everything we can to make it a safe and enjoyable experience for all.

Our policies and procedures are designed to make sure we adhere to the highest safety standards at all times:

- Continual safety and first aid training for all staff
- Regular checks on equipment before and after every activity session
- Qualified First-Aider on centre 24/7
- All staff are fully DBS checked

We create a warm, supportive environment for students so they quickly feel at home. All our activities are progressive, allowing students to join in at whatever level they're comfortable with.

We have found the best way to help children cope with being away from home is to keep them busy, having fun from dawn 'til dusk.

Kingswood cannot guarantee 100% safety for personal items brought onto centre and they will not be covered by insurance. It is therefore advisable to leave valuables – cameras, mobiles, iPods, MP3 players, computer games, jewellery - at home. A clearly named disposable camera is acceptable.



Children will not have access to a public phone while away and **must not bring mobile phones either**. Remember that no news is good news, and that if there is a real need to contact you, we will certainly do that. If you require further information during the week, please contact the school in the first instance and only phone the centre in an emergency or to pass on information which is essential and can't wait till Friday.



PUSCPS - Packing List for P7 Transition Kingswood 2016

This clothing list is designed to be used as a checklist for packing and for the children to use when repacking. Please ensure that children take some responsibility for the packing, this helps with the repacking to come home. Please note that all bedding is provided by Kingswood Centre.

	Advised	Packed	Repacked
Warm, Waterproof Jacket	1+		
Trousers (joggers, trackies) – NOT JEANS!	3+		
Sweaters, fleeces	3+		
T- Shirts	5+		
Underwear (one set per day and extra in case of wet weather)	5+		
Socks (one set per day and extra in case of wet weather)	5+		
Pyjamas	1+		
Towels	2+		
Trainers (old – they will get dirty)	2+		
Slippers/clean trainers for indoor use	1		
Weather depending – gloves and scarf or hat and <u>suncream/sunglasses</u>	1+		
Lightweight shorts or trousers for water activities	1+		
Cool Gear (in case we have a disco)	1+		
Washing Kit (deodorants MUST be roll on, no aerosols)	1+		
Bin Bag (for dirty clothes)	1+		
Pencil Case	1+		
Named Water Bottle	1+		
Wellington Boots or Walking Boots	1+		
Torch and batteries	1+		

ENSURE ALL KIT IS LABELLED

Please do not buy lots of new items for camp. It is more important that children are warm and comfortable and not worried about clothing getting dirty or messed up. No valuables should be brought.

NO electronic equipment – games or phones.



Permission form Complete in full and return to school

1. Photography

PUSCPS staff and certain designated staff members from Kingswood will take photographs of the group during their stay. The photographs will be highlighting the activities and the experiences of children and will be shared on our school blog and Twitter account. Some images may be shared by Kingswood staff on their own blog or website. Photographs will be appropriate and of groups of children, no individual children will be singled out for photography.

- I give permission for photographs of my child to be used as described above.
- I do not give permission for photographs of my child to be used as described above.

2. Diet

The food at Kingswood is plentiful and of high quality. Children will be supported to eat well and the staff are very good at accommodating individual needs where they can. If your child has an allergy or a special requirement with food, please indicate this below.

3. Medication and Health

If your child suffers from any medical conditions which we need to be aware of, or takes medication of any kind, including inhalers, please indicate this below. (Further information may be requested)

4. Behaviour and Expectation

We have high expectations of pupil behaviour at all times; this is increased when away at camp. Please be aware that we will be reinforcing our expectations of excellent behaviour with all children. Where pupils behaviour puts themselves or others at risk you may be asked to come and collect them.

There is a suggested packing list attached and it is useful when coming back if pupils have helped with packing.

Pupil Name: _____ Parent/Carer Signature: _____ Date: _____

Behaviour Expectations

Our expectations and standards are very high.

Pupils will work with staff from the Centre and from other schools.
Respect for all is essential.

Any indiscipline will be firmly dealt with and can involve removal from activities, re-allocating dorm or in extreme cases, we will require the child to be collected and taken home.

This is essential for the safety of all, but also to preserve the residential as a rich, positive experience for all.

If your child is on medication of any kind, please let us know in good time, we will send an additional form home for you to complete. Medication should be brought on Tuesday morning and handed to a member of the trip staff. If your child uses an inhaler, please provide a spare, in case one is damaged or lost.

Ensure that all medication is in an envelope or bag and states clearly the name, dosage and frequency and whether your child can self-administer. If your child takes a travel sickness pill, please provide one for the return journey!

Payments: Total £180 (approx)

1st deposit: Monday 2nd October - £40

2nd Payment: Monday 4th December - £60

3rd Payment: Monday 5th February - £60

Any questions?