****An Introduction to PEEP(ASN)?

**Introduction to PEEP**

* There are a wide number of PEEP Groups running across West Lothian.
* The aim of group is to build on the amazing job parents already do, by exploring increased opportunities for families to support their child’s development through their everyday activities, routines and play.
* PEEP (Additional Support & Nurturing – West Lothian) is only accessible to families who have a little one with a disability, additional support need or developmental delay. We follow the same format as other PEEP groups, just with that little bit of extra additional support and nurturing.

**Ground Rules**

Given the format of our session will run slightly differently than our traditional group, we have devised a few ground rules to get us started. If you have any rules you would like to add or would like us to consider changing any aspect of the rules below, please don’t hesitate to let us know.

1. Confidentiality – Please be mindful of others privacy and do not share others information in any format.
2. We will aim to mute microphones to minimise feedback, please however feel free to chat allowing space for others to chat too, should they wish too!
3. Please encourage your child to participate where they can. If they are struggling to sustain their focus, as long as they are safe, please remain in the chat. This will allow you to try the activities again later when your child is ready and you have the opportunity to offer your child your full attention.

**Supporting your little one in their Learning using ORIM**

Trying to parent and juggle everyday commitments can be a challenge for all parents. Identifying ways to support your child’s learning and development through everyday activities and routines can help to relieve some of the pressure parents often feel. Creating daily **Opportunities** for learning; **Recognising** what counts as learning; **Interacting** when it’s appropriate to reassure, support and encourage learning; as well as being a positive role **Model** demonstrating how things are done make the home an ideal learning environment

O - Opportunities

R - Recognition

I – Interact

M - Model

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**Activity Session:- An Introduction to ORIM (Opportunities, Recognise, Interact, Model)**

**You will need:**

-A small bag e.g. gym bag, rucksack

-A couple of favourite toys and maybe a little snack or drinking cup (Placed inside the bag)

-A smooth silky piece of material, clothing or scarf

-A towel (bath or similar)

-A small dab of a sticky gooey material e.g. hand gel, playdough, slime, slippery bar of soap

-A piece of paper e.g. wrapping paper, old envelope, tinfoil etc

-A cuddly toy

-A pack of bubbles or try making your own with some washing up liquid and a splash of glycerine

**Session Plan**

* Welcome Song (Sign and Sign!): Good Afternoon, Good Afternoon

 It’s good to see you here,

 Good Afternoon to you!!!

* People Games: ‘Row the Boat’: Gently down the stream / Gently to and fro

‘Open Shut Them’

* What’s in the Bag! Let’s look and see what’s in the bag, in the bag in the bag, in the bag, let’s look and see what’s in the bag, especially for you?
* Talk Time: What can your child do that you are proud of!

Top Tip: Think of everyday things you or your child does: taking their first steps, learning to feed themselves

* Sensory Story Time: ‘What can I feel?’ by Annie Kubler
* Bubble Time to Classical Music
* Bye Bye Song: Bye Bye Everyone, Bye Bye Everyone, Bye Bye Everyone, we’ll see you another day!