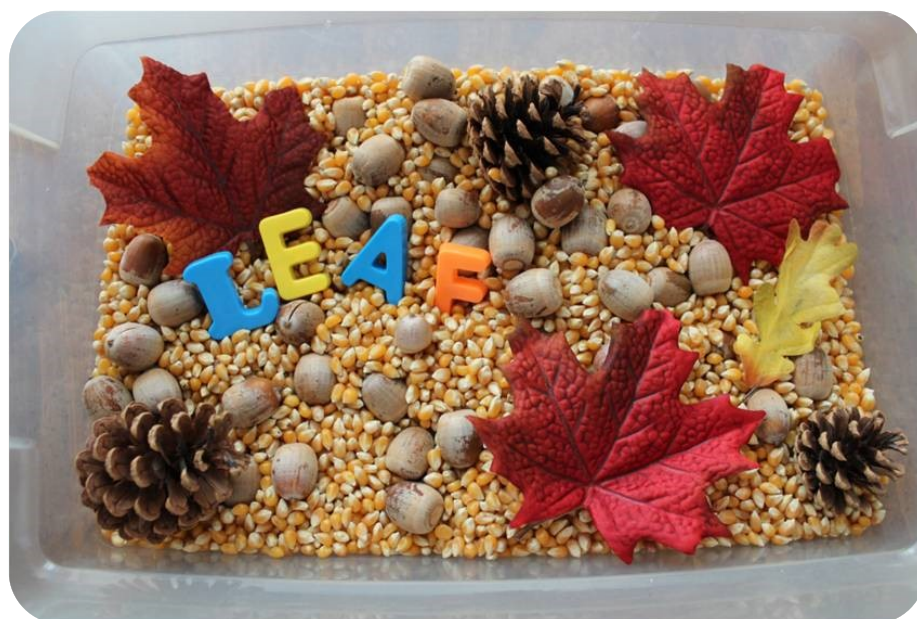


Pre-School Home Teaching Service

Early Years

Autumn Activities



Wow...It's Autumn!

Every thought what it must be like to see Autumn for the very first time?

Autumn is a great time of year to explore colour! Look at the splashes of colours in the trees.

The

Gold



Red

Orange



Yellow

Green



leaves falling to the ground.

Here is a link to a story about a little Owl who is learning about colours for the very first time!

‘Wow, Said the Owl’ by Tim Hopgood

<https://www.youtube.com/watch?v=7sivCIldsmY>

Out and About in Autumn!

Wrap up cosy, get those wellies on and go for a little walk. Point out the cold air and the wind or light breeze on their face.

Take time to stop and look around at the leaves as they gently float towards the ground.



https://www.youtube.com/watch?v=Ha0i6RUu_Hg&t=82s

Have fun running through or jumping in the leaves or just kicking them up in the air. Carry out the same activity in a few weeks time when the leaves have gone nice and crisp and crunchy. Explore the different noises and textures.



<https://www.youtube.com/watch?v=C62ELlig-AQ>

Autumn Treasures!

Why not go out for a walk and collect as many Autumn things as possible. Involve your child, show them what you are collecting and let them touch it. Collect different colours, sizes textures of leaves. Find some fallen twigs with leaves and/or nuts still attached. Look for fallen conkers, round and smooth or bursting out of their spikey shells. You may also find some acorns that have fallen from their trees or pine cones.



Conkers



Acorns



Pine Cones

When at home put all the items you've collected on a tray or in a basket. Create a treasure basket for your child to explore.



For more information on the benefits of treasure baskets and suggestions on how to create and use a treasure basket visit: <https://nuggetandgoose.com/tag/sensory-play/>

Note how, as the days go by how the texture of the leaves change as they dry out, or how the pine cones open in the heat.

Play games – rolling conkers down a tube; making leaf prints, decorate pine cones with glue and glitter, make stick men collages, do leaf printing etc.

Autumn Playdough

If you have some Autumn spices at hand you could make some Spiced Playdough (see recipe below) to play with or to stick your twigs into.

Autumn spiced playdough recipe

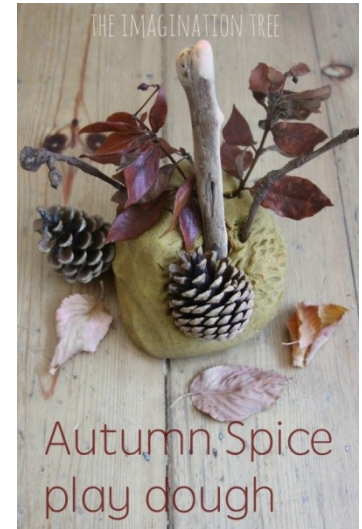
2 cups of plain flour

1 cup of salt

2 tablespoons of cream of tartar

2 table spoons of vegetable oil

1 cup of warm water



Add a squirt of Autumn coloured paint/food colouring (**yellow**, **red**, **orange**, **brown**)

Choose which scent you would like to add: Cinnamon, grated Nutmeg, grated Cloves or Ginger

Now get your hands and your child's hands in there and mix it all together.

Lovely sensory play on so many levels including:

Smell, Touch, Visual and Proprioceptive Stimulation!!

Also see: <https://theimaginationtree.com/autumn-spice-play-dough-recipe/>

Autumn Leaf Mobile

What you need:

- Small twig
- An old cardboard carton (egg box or an apple packaging from the supermarket)
- Some Autumn coloured paint, and glitter
- Paint brushes
- Some string/thread
- Children's scissors



Put the cardboard carton on the table, encourage your child to paint the insides of the carton in a variety of autumn colours.

When the carton is covered in paint, whilst the paint is still wet your child can choose to sprinkle some glitter on if they want. Leave it to dry for a few hours, then cut the insets out (if you are feeling particularly talented you could cut into leaf shapes). Using the scissors put a small hole at the edge of each one and thread the string/thread through the hole and tie them to the twig.



Happy Halloween!

I'm a little pumpkin orange and round.
Once upon a time I grew on the ground.
But now I have mouth, two eyes and a nose.
Put a candle in me and my face glows.



Help your child develop an awareness of Halloween using basic rhymes and songs.



Scoop out the inside of your pumpkin and place the contents in a clear plastic bag for a nice sensory



Dry out your pumpkin seeds and support your child to practise their pincer, fine motor control of their fingers while picking up seeds in craft and sensory play activities.



Let your hear lots of emotive words that describes different facial expressions and feelings while carving pumpkins or making Pumpkin prints: 'Happy' 'Sad' 'Grumpy' 'Cross'



Use fun action songs and rhymes to help your child name parts of the body.

<https://www.youtube.com/watch?v=Ns91jtuPHZI>

Fill a witches cauldron with child safe lotions, potions and brews!

Get your child helping with the heavy stirring and mixing to help your child learn how they can use and coordinate their body; developing their proprioceptive awareness.

Using a variety of potions of different textures and thickness will help your child explore different forces, movements and coordination skills.

Try: Liquids – Water, Fizzy Juices, Milk

Jelly, Spaghetti, Noodles

Different types of homemade slimes

Shredded papers, glitters etc



Remember, Remember the 5th of November!

Exploring Fireworks in Action



Tinsel and Straw Sparklers



Windmills



Confetti Cones

Exploring Firework Sounds



Woolly and Tig- Bonfire Night Special

<https://www.youtube.com/watch?v=x3flgs79dxQ>



Bubble Wrap: Snap, Crackle, POP!



Various Whistles

Exploring Firework Heat and Lights



Children's Hand Warmer



Mobile Device Apps



Glow Sticks