

P1-3 Transition Activities



<p>Clear Your Mind</p> <p>https://www.youtube.com/watch?v=ZBnPlqQFPKs</p> <p>Right now you probably have lots of thoughts and questions buzzing around in your heads! The end of a school year can be a busy time, so it's important that we try to relax and not get stressed out. Use this meditation clip to help your mind feel nice and calm.</p>	<p>How Can I Be a Good Friend?</p> <p>It will be a long time since you have seen all of your school friends and you must be missing them very much. Use this sheet to note down ideas on how to be a good friend to them when you see them again.</p>	<p>Write a Letter To Your New Teacher</p> <p>Your new teacher will be so excited to meet you and get to know you! Why not write them a letter so that they can read all about you before the school year starts. (P1 children might need a little extra help with this one, they can try to sound out the words they know and copy down the ones they don't).</p>
<p>Favourite Activity</p> <p>Draw a picture of your favourite activity from this year. It could be a lesson, something you made, a game you played, a trip you went on... whatever you enjoyed the most!</p>	<p>Award Yourself</p> <p>Design a certificate for yourself to congratulate you on all of your achievements from this year! I will attach a template of a certificate that you can use for inspiration.</p>	<p>Favourite Book</p> <p>What was your favourite book from this year? Can you remember everything that happens? What was your favourite part? Tell someone in your house all about it.</p>
<p>Draw a Self-Portrait</p> <p>You can give this to your new teacher when you come back after summer. Make sure to add lots of detail to it so that your new teacher can recognise you!</p>	<p>My Top 5 Worries</p> <p>It is perfectly normal to have worries about a new school year. Sometimes it helps to write your worries down on paper so that they are not stuck in your head. Share these with someone at home, or even your new teacher when you next see them.</p>	<p>Share Your Wisdom!</p> <p>What advice would you give to the children who are about to start the year you have just completed? You are definitely the best people to ask! Do you have any helpful tips for them?</p>
<p>Design a Classroom</p> <p>If you could design your perfect class room... what would it be like? What things would be inside it? What would be up on the walls? Would it be inside or outside? You can draw it, build it, or describe what it would be like!</p>	<p>School Memory Poster</p> <p>Use the sheet provided (either print or copy) to make a poster which includes all of your memories from this year.</p>	<p>My Yearbook</p> <p>You might want to take the 'School Memory Poster' one step further and create a whole yearbook! I have provided a booklet for this too.</p>

If your child would like to share any of the activities they have completed with us, please email us at wlorladyoflourdes-ps@westlothian.org.uk ☺

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