



P 1-3 Activity Afternoons

25-29th May

FAITH AND LOVE

Create a Happiness Jar

Write down things you are grateful for on little pieces of paper. When you are sad take one out and read it to help you feel better.



Read or Listen

Choose a quiet space to sit and **read / listen** to your favourite Bible story.
https://www.youtube.com/results?search_query=The+Beginners+bible



Family Walk



On your **family walk** today, can you find stones or pebbles to build your family footsteps. Set them out to show you all walk in each other's footsteps.

Share your ideas

Create a family board, where everyone writes down all the things they love!



BUILD YOUR OWN CHURCH!

It seems so long ago since we were last in the beautiful Church of 'Our Lady of Lourdes'. I've really missed our whole school Masses and visiting the Church! So I'm thinking we could all design and build a church that could be kept in your own house. Let's give it a go! Please send photos of your work so we can show them at Assembly.

Here are some designs to help with your ideas. Feel free to use these or design your own unique Church. Maybe you will include a stain glass window or design a garden around the church? Could you add some parishioners/pupils going in?



Materials - cardboard boxes, Lego etc. Hope you enjoy this activity! Please remember to ask permission before you use scissors. Please remember to send some photos to the school. It would be great to see your finished work!

Handprint Heart Kindness

Heart pictures

Make a heart, write a message on it and put it up in your window.

You will need:

A paper plate for every child

A selection of different paints and brushes



Instructions

1. Choose a colour of paint to paint your hand.
2. Carefully dip the brush into the paint and paint it onto your hand.
3. Press your hand down onto the paper plate.
4. Make sure you wash your hands and get all the paint off.



Teacher Note:

Ask your children how they could be kind to others. Write these ideas down on paper.

If you wish, arrange the paper plates in a heart shape and display on a wall. Place some of the children's ideas on the display board too.

How Can You Be Kind to Yourself?

We often think about how we can be kind to others and what effect our behaviour has on other people.

Have you ever thought about how you can be kind to **yourself**? Using the hearts below, write your own ideas about how you can be kind to yourself. Some ideas have been given to start you off.

Once you have recorded these ideas, start to think about how you can carry out these ideas to be kind to yourself.



SMALL ACTS OF KINDNESS



Have a wonderful week everyone. x