








Easter Holiday Activities and Ideas: 4

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Pebble Painting</p>  <p>When out on a walk for your daily exercise why not collect lots of flat stones. These can be used to paint on. You could make dominos or paint faces and make up stories.</p> <p style="text-align: center;">Dance Party</p>  <p>Put on some music and dance. You can also play freeze. Every time you stop the music you have to stand still.</p>	<p style="text-align: center;">Rainbow Hunting</p>  <p>Find an item that matches every colour of the rainbow. This can be played anywhere.</p> <p style="text-align: center;">Coloured Wheel</p>  <p>Find objects around the house to make a coloured wheel.</p> <p>Extension Task: You child could collect a variety of objects in different shades of each colour.</p>	<p style="text-align: center;">Hapa Zome</p> <p>The Japanese art of hitting leaves with hammers to release their natural pigment onto cloth</p>  <p>Collect leaves and flowers when out for your daily exercise. Lay them out on an old piece of cotton fabric. Cover the material with a sheet of kitchen roll. Get an adult to use a hammer to hit all over the kitchen roll for several minutes. Remove the kitchen roll and reveal your art work!</p>	<p style="text-align: center;">Beans!!</p>  <p>There are different actions for each type of bean.</p> <p>Each time the name of the bean is called out, the child(ren) should do the correct action.</p> <ul style="list-style-type: none"> • Runner Beans - run on the spot • String Beans - stretch up tall and be as thin as possible • Dwarf Beans - bend down and be as small as you can be • String Beans - stretch up tall 	<ul style="list-style-type: none"> • Broad Beans - hold arms out wide and stand with wide legs • Chili Beans - shiver • Frozen Beans - everyone has to stand still • Jumping Beans - jump and down • Beans on Toast - lie on your back with arms across your chest! <p style="text-align: center;">Make A Snack</p>  <p>After all that activity get your child to help make a healthy snack.</p>