



To what extent do you agree or disagree with these statements:

PLEASE CIRCLE ○

Strongly Agree - SA

Agree - A

Disagree - D

Strongly Disagree - SD

1. Intelligence is something people are born with that can't be changed.	1. SA A D SD
2. No matter how intelligent you are, you can always be more intelligent.	2. SA A D SD
3. You can always substantially change how intelligent you are.	3. SA A D SD
4. You are a certain kind of person, and there is not much that can be done to really change that.	4. SA A D SD
5. You can always change basic things about the kind of person you are.	5. SA A D SD
6. Musical talent can be learned by anyone	6. SA A D SD
7. Only a few people will be truly good at sports – you have to be "born with it."	7. SA A D SD
8. Math is much easier to learn if you are male or maybe come from a culture who values math.	8. SA A D SD
9. The harder you work at something, the better you will be at it.	9. SA A D SD
10. No matter what kind of person you are, you can always change substantially.	10. SA A D SD
11. Trying new things is stressful for me and I avoid it.	11. SA A D SD
12. Some people are good and kind, and some are not – it's not often that people change.	12. SA A D SD
13. I appreciate when people, parents, coaches, teachers give me feedback about my performance.	13. SA A D SD
14. I often get angry when I get negative feedback about my performance.	14. SA A D SD
15. All human beings are capable of learning.	15. SA A D SD
16. You can learn new things, but you can't really change how intelligent you are.	16. SA A D SD
17. You can do things differently, but the important parts of who you are can't really be changed.	17. SA A D SD
18. Human beings are basically good, but sometimes make terrible decisions.	18. SA A D SD
19. An important reason why I do my school work is that I like to learn new things.	19. SA A D SD
20. Truly smart people do not need to try hard.	20. SA A D SD



HERE ARE THE ANSWERS

1. ability mindset - fixed
2. ability mindset - growth
3. ability mindset - growth
4. personality/character mindset - fixed
5. personality/character mindset - growth
6. ability mindset - growth
7. ability mindset - fixed
8. ability mindset - fixed
9. ability mindset - growth
10. personality/character mindset - growth
11. ability mindset - fixed
12. personality/character mindset - fixed
13. ability mindset - growth
14. ability mindset - fixed
15. ability mindset - growth
16. ability mindset - fixed
17. personality/character mindset - fixed
18. personality/character mindset - growth
19. ability mindset - growth
20. ability mindset - fixed

SCORES ON THE DOORS

Growth Questions

Strongly agree – 3 points

Agree – 2 points

Disagree – 1 points

Strongly disagree – 0 point

Fixed Questions

Strongly agree – 0 point

Agree – 1 points

Disagree – 2 points

Strongly disagree – 3 points

Strong Growth Mindset = 60-45 points

Growth Mindset with some Fixed ideas = 44-34 points

Fixed Mindset with some Growth ideas = 33-21 points

Strong Fixed Mindset = 20-0 points

RECORD YOUR RESULTS BY DRAWING, WRITING OR BOTH

Name: Score: Mindset:	Name: Score: Mindset:	Name: Score: Mindset:
Name: Score: Mindset:	Name: Score: Mindset:	Name: Score: Mindset:

Rich Tea



Hob Nob?

WHICH BISCUIT HAS THE GROWTH MINDSET??

PLEASE RETURN TO SCHOOL BY WEDNESDAY 23RD MARCH