



# The winter vomiting bug

**If you catch it, stay at home for at least 48 hours after your symptoms stop.**

**Keep it to yourself.**

To find out more about the winter vomiting bug (norovirus), visit [www.nhsinform.co.uk/norovirus](http://www.nhsinform.co.uk/norovirus) or call 0800 22 44 88.

