



Runs alongside the Healthy Families Healthy Children school programme

Physical Cooking!

Cooking!

What's in your food?

Cooking!

Venue: Blackburn Community Centre

Day/Dates: Wednesday 6th November 2013 (every Wednesday for 6 weeks)

Time: 9.30am-11.30am

To book a place/crèche please contact: Health Improvement Team Tel 01506 775626/771896

Email: HIT@westlothian.gov.uk

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