

Small changes,
big differences.



Triple P Takes the guesswork out of parenting

Are you a parent, grandparent, carer or supporting families who have children with challenging behaviours? Then Triple P is for you.
Aimed at supporting families of children aged 3 to 12 years.

Weekly sessions where you will learn effective strategies to improve your relationship with your child whilst dealing confidently with their challenging behaviours.

The course is **FREE** and everyone receives the Triple P Parents Work Book.

Sign up today

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