



Journey Bracelet

Outdoor Activity

You will need:

Sticky tape

Natural found items

The Activity

1. Make sticky tape loops large enough to fit onto each child's wrist. Ensure the sticky side is facing outwards.
2. Explain to the children that they will be going on a short walk and any interesting natural objects they find can be collected and stuck onto their bracelet. Make sure that children are clear about what is safe to pick up and what they should avoid.
3. Take the children on a short walk. Stop regularly to give the children a chance to pick up some small natural items, such as leaves.
4. Upon return, look at the bracelets. Can the children remember where they found each item? Ask the children why they decided to add a particular item to their bracelet.

