<u>Superheroes Topic – Real Life Superheroes!</u>

This week our theme is 'Real Life Superheroes'. There are lots of superheroes in the world, Batman, Spiderman, Wonder Woman, Elastagirl...the list goes on! But did you know that there are lots of superheroes that we don't see in cartoons or in films? You might be standing next to one right now and not even know it! This week we will look at the real life heroes amongst us that go above and beyond to look after us and keep us safe.

Health and Well-being

Do/Write: There are lots of different types of people who help us in everyday situations like nurses, firemen, policemen and paramedics and they all do a fantastic job. In the last month or so you will have noticed that there are lots of other people who have important jobs that help us. You may have heard these people being called 'Key Workers' — these jobs include postmen/postwomen, bus drivers, delivery drivers, supermarket workers etc. The people who do these jobs make sure that we can live our lives in the best way possible whilst we stay at home.

This week I would like you to do a bit of research to find out about the role of a key worker. It may be someone you know who works in a supermarket or delivers food. It may be your mum, dad, auntie or grandad!

In your home learning jotter you can include the following:

- A picture of the key worker (including any uniform they might wear).
- What their job title is.
- A few sentences about what their job involves.
- Why you think they are a real life super hero.













Literacy and English

Do: Have a go at the Emergency Services quiz that I have uploaded to the blog.

Write: Real life heroes need to help us in many different situations. Have a go at the worksheet below. Can you fill in the blank spaces to say who helps us in different situations?

Write: Can you think of and write some questions that you would ask someone that works in the emergency services?

Expressive Arts

Do: Have a look at the drama activity cards I have uploaded to the blog. Can you act out the role of some people who help us?

Make: Have a go at some 'People who help us' craft. I have uploaded these onto the blog.

If you have parent access to Twinkl and you type in 'People who help us' in the search box, you will find lots of extra resources to explore and learn. https://www.twinkl.co.uk/search

People Who Help Us

Fill in the blanks to complete the sentences.

Α	helps us to learn.				
Α	takes care of our pets.				
Α	helps us to cross the road safely.				
Α	mends the roads.				
Α	brings us our mail.				
The	helps keep us safe by enforcing the law.				
Α	helps us take good care of our teeth.				
Α	helps us get better when we are sick.				
Α	brings us our milk.				
Α	puts out fires.				
Α	gives us medicine.				
Δ	halps us at lunchtime				