**HWB**

We always think about being kind to others. Have you ever thought about being kind to yourself?

You are a very special person too and we all need to be kind to ourselves. Can you think of things that you can do to be kind to yourself? There are some suggestions on the sheet to get you started. How many more can you think of?

[being kind to yourself.pdf](file:///C%3A%5CUsers%5Clee.anderson2%5CDesktop%5CHome%20learning%5Cbeing%20kind%20to%20yourself.pdf)

Sometimes it is hard to be positive when there is so much going on. Having positive thoughts though can help us to feel happier and more confident.

Design a positive thinking cap and when you’re not feeling too positive, get that ‘cap’ on and remember how fab you are!

[poitive thinking cap.pdf](file:///C%3A%5CUsers%5Clee.anderson2%5CDesktop%5CHome%20learning%5Cpoitive%20thinking%20cap.pdf)

You are all very special! Can you draw yourself wearing a superhero costume? Use some adjectives to describe just how super you are!

[Super Me - Think Positive.pdf](file:///C%3A%5CUsers%5Clee.anderson2%5CDesktop%5CHome%20learning%5CSuper%20Me%20-%20Think%20Positive.pdf)

**Maths Investigation**

Can you solve the mystery?

Who stole Peter Rabbit’s beetroot?

The mystery of Peter Rabbit and the Beetroot Burglar - maths investigation.pdf

**Have a fab weekend!**