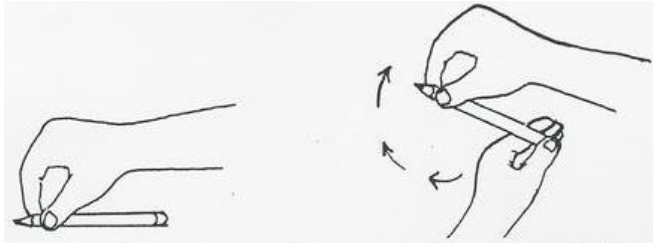


## Pencil Grip and Letter Formation Rhymes – Support for Parents

In P1 it is important to reinforce the correct pencil grip and correct letter formation while in school and at home.

### Developing a correct pencil grip

In class, we will be using the pinch and flip method to reinforce the correct tripod pencil grip. Firstly, place the pencil flat on the table with point facing away from you. Pinch the pencil near the bottom with your thumb and pointing finger. Lift the pencil up and flip the pencil round. Tuck your other fingers behind it.



Children who require additional support in developing a consistent pencil grip may benefit from the use of a pencil grip or practice using one of the other suggested methods pictured below.

Using an old sock	Using a pom pom (or toilet paper ball)	Using a peg

### Handwriting Rhymes

Here are some suggested handwriting rhymes we will be using in class to reinforce correct letter formation.

Letter	Visual	Handwriting rhyme
a	Apple	Round the apple, down the leaf
b	Boot	Down the laces to the heel, round the toe
c	Caterpillar	Curl around the caterpillar
d	Dinosaur	Round his bottom, up his tall neck, down to his feet
e	Egg	Lift off the top and scoop out the egg
f	Flower	Down the stem and draw the leaves
g	Girl	Round her face, down her hair and give her a curl
h	Horse	Down the head to the hooves and over his back
i	Insect	Down the body, dot for the head
j	Jack in the box	Down his body, curl and dot for his head

k	Kangaroo	Down the kangaroo's body, tail and leg
l	Legs	Down the long leg, don't forget the feet
m	Girl standing beside two mountains	Maisy, mountain, mountain
n	Boy standing next to a football net	Down Noddy and over his net
o	Orange	All around the orange (start at the green bit at the top)
p	Pirate	Down the plait and over the pirate's face
q	Queen	Round her head, up past her earrings and down her hair
r	Robot	Down his back, then curl over his arm
s	Snake	Slither down the snake
t	Tower	Down the tower, across the tower
u	Umbrella (upside down)	Down and under, up to the top and draw the puddle
v	Vulture	Down a wing, up a wing
w	Worm	Down, up, down, up the worm
x	Eddie exercising	Down the arm and the leg and repeat the other side
y	Yak	Down a horn, up a horn and under his head
z	Zip	Zig-zag-zig down the zip

I thank you for your continued support at home.

Regards,

Mrs Walker & Miss Prior