



# Hints and tips from Primary 1 parents/carers to soon-to-be Primary 1 parents/carers

## Uniform

- You are notified in the termly Learning Letter when your child will have gym – on that day dress your child in the school uniform that they can easily take off/ put on independently e.g. polo shirt and jumper
- School ties can be bought from the school office and are available with elastic necks so you/your child do not need to tie them
- You can order the school uniform at different times of the school year
- Label everything – uniform; coats; shoes; water bottles; school bag etc
- Velcro tying school shoes are best
- Check throughout the year if your child's gym shoes and gym uniform still fits (gym kits are sent home at the end of every term)

## Snacks/lunches

- The school operates a free breakfast club which is available from 8.05am. Children should be dropped off at the main entrance. The breakfast club is in the main hall and has two supervisors. The breakfast club runs until 8.25am and the children go into the playground at this time where they are supervised.
- Don't give too much food for snack or packed lunch. Snack should be one item to eat which preferably will be a healthy snack. It takes a while for P1 to get used to eating within a certain time

## Communication to/from school

- Check the blog on a regular basis as there are great updates along with lots of useful information (<https://blogs.glowscotland.org.uk/wl/mcps/>)
- Read the monthly newsletter and mark the dates on your calendar
- Remember to tell the school/teacher if your child has really enjoyed a lesson or experience – they love hearing feedback from pupils and parents/carers

## Miscellaneous

- Weekly homework is handed out on a Monday and returned on a Friday; children will have nightly reading/ phonics
- Milk that you can purchase on a termly basis is semi-skimmed milk
- If you are not sure about something or it doesn't seem right – just ask
- Get involved! Support the school with events, join the Parent council or the PSA or be a volunteer to help
- If sending in money – put it in an envelope and label with: your child's name; how much money is enclosed; what the payment is for
- Regularly check your child's school bag for letters
- Don't be concerned if your child is not in the same class as their current best friend, they all play in the playground together and there are opportunities within the school day when all primary one pupils will learn together
- Children should have a pair of black gym rubbers to change into when they come in from the playground. These are kept in school
- Children should bring the following each day:
  - Reading book
  - Reading record
  - Water bottle
  - Lunch (if applicable)