Porridge playdough



2 cups of plain flour

1 cup of salt

2 tablespoons of oil

2 tablespoons of cream of tartar

2 cups of hot water

1-2 cups of oatmeal or porridge oats

Mix the flour, salt and cream of tartar, add the oil and stir, add the hot water one cup at a time, stirring in between. When cool enough knead until it stops being sticky then add the oats to make the desired consistency.

This makes a lovely textured, gooey, lumpy sensory playdough, add some cutters, spoons, rolling pins, baking trays etc. and let the fun begin.