|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Put what you completed in here** |  |  |  |  |  |
| Colour or write in your medal | Olympic Medal Coloring Page Printable | Olympic medals, Olympics |  |  |  |  |

My Healthy challenge log

1 activity a day is a bronze medal, 2 activities is a silver medal, 3 activities is a gold medal!

(If you don’t have those colours choose your own for each medal)