

Sports Day

Sports Day is a fun day where children do lots of sporting activities at school and families come to watch.

It is usually on the school field or playground in May, June or July.

Competition Time

- It might just be for fun.
- You might score points and earn a:

trophy



rosette



medal



Sporting Activities

Every school chooses their own sporting activities or races for Sports Day, such as...



running race



obstacle race



skipping



three-legged race



dressing up



mini-hurdles



sack race



relay race



space hopper race



bat and ball race



egg and spoon race

Questions

1. Where does Sports Day happen?

- at home
- at school
- at the park

2. When is Sports Day?

- May, June or July
- Saturday, Sunday or Monday
- January, February or March

3. What could you win?

- a book, a poster or pen
- a T-shirt, jumper or hat
- a rosette, trophy or medal

4. Do schools get to choose their own sports activities?

- yes
- no

5. **Tick two:** Races that might be included are...

- three-legged
- maths and English
- egg and spoon
- drawing

Answers

1. Where does Sports Day happen?

- at home
- at school
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4. Do schools get to choose their own sports activities?

- yes
- no

5. **Tick two:** Races that might be included are...

- three-legged
- maths and English
- egg and spoon
- drawing

Sports Day

Sports Day is a fun morning, afternoon or full day where children take part in different sporting activities at school and families come to watch. It is usually held outside, on the school field or playground. It usually happens in the summer term, during May, June or July.



Competition Time

- Some schools choose to have Sports Day just for fun and some make it a competition, where children score points for their team or school house.
- The winning team sometimes wins a trophy!
- You might earn a rosette, certificate or medal too.

Which Sporting Activities Are There?

Every school chooses their own sport activities to include. There are many different races, including running, egg and spoon, space hopper, mini-hurdles, dressing up, skipping, sack, three-legged, bat and ball, obstacle and relay. Some schools also have an adults' race for parents and adult family members, and a toddler race for younger brothers and sisters.



Questions

1. **Tick two:** Places at school where Sports Day usually takes place are...

inside the classroom

on the school field

on the playground

in the library

2. In which term does Sports Day usually happen?

autumn term

spring term

summer term

3. **Tick two:** Things you might earn on Sports Day are...

a pen

a rosette

a test

a certificate

a medal

4. Find and copy one word which means 'picks'.

5. Complete the sentence by adding the missing word.

Some schools choose to have Sports Day just for and some make it a competition.

Answers

1. **Tick two:** Places at school where Sports Day usually takes place are...

inside the classroom

on the school field

on the playground

in the library

2. In which term does Sports Day usually happen?

autumn term

spring term

summer term

3. **Tick two:** Things you might earn on Sports Day are...

a pen

a rosette

a test

a certificate

a medal

4. Find and copy one word which means 'picks'.

choose

5. Complete the sentence by adding the missing word.

Some schools choose to have Sports Day just for **fun** and some make it a competition.

Sports Day

Sports Day is a fun morning, afternoon or full day where children take part in all sorts of sporting activities at school. It is also sometimes known as Field Day or Athletics Day. Sports Day is usually held outside, on the school field or playground, so most schools in the UK hold their Sports Day in the summer term, during May, June or July. Schools might pick a first date and also have a standby date, in case of bad weather.



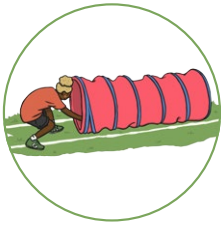
Competition Time

- Some schools choose to have Sports Day just for fun and some have a competitive Sports Day where children score points for their team, school family group or school house.
- If it is a competition, the winning team might win a trophy!
- You might earn a rosette, certificate or medal too.

Which Sporting Activities Are There?

Every school chooses their own sport activities to include. There are many different races, including running, egg and spoon, space hopper, mini-hurdles, dressing up, skipping, sack, three-legged, bat and ball, obstacle and relay.





Families

Most schools invite parents, carers and families to watch and cheer on Sports Day. They are called 'spectators'. Your friends and teachers will be there too! Some schools also have an adults' race for parents and adult family members, and a toddler race for younger brothers and sisters.

Questions

1. **Tick two:** What is Sports Day also sometimes known as?

- Field Day
- Christmas Day
- Athletics Day
- Bank Holiday

2. Why might a school need a standby Sports Day date?

3. **Tick three:** Things you might win or earn on Sports Day are...

- a pen
- a trophy
- a rosette
- a test
- a medal

4. Find and copy one word which means 'earn'.

5. Complete the sentence.

Some schools also have an adults' race for parents and adult family members, and a toddler race for

Questions

6. Which activity is (or would be) your favourite on Sports Day and why?

Answers

1. **Tick two:** What is Sports Day also sometimes known as?

- Field Day
- Christmas Day
- Athletics Day
- Bank Holiday

2. Why might a school need a standby Sports Day date?

A school might need a standby date in case of bad weather.

3. **Tick three:** Things you might win or earn on Sports Day are...

- a pen
- a trophy
- a rosette
- a test
- a medal

4. Find and copy one word which means 'earn'.

score

5. Complete the sentence.

Some schools also have an adults' race for parents and adult family members, and a toddler race for **younger brothers and sisters**.

6. Which activity is (or would be) your favourite on Sports Day and why?

Child's own answers, giving at least one reason.