**Health Fortnight**

***A note from Mrs Sansom***

This week is the start of the LVPS Health Fortnight. Monday is our official Sports Day. In the *At-Home-Sports-Day* pack there is a list of 12 activities to choose from and you should do at least 8 of them and record them on the Microsoft Forms link that is on the instruction sheet. It will also be on the blog and on Teams.

The *Health-Week-Pack* activity grid has lots of suggestions for things to do at home. You can also do any other healthy activities that you think of. Keep a record of what you do and send me lots of photos and short videos that we can put on the blog and twitter.

I have included some activities on our usual grid but the main focus is the Health Fortnight activities. If you want to do more, then all the work from previous weeks is still on the blog or on Teams so you can catch up with anything you haven’t had a chance to do.

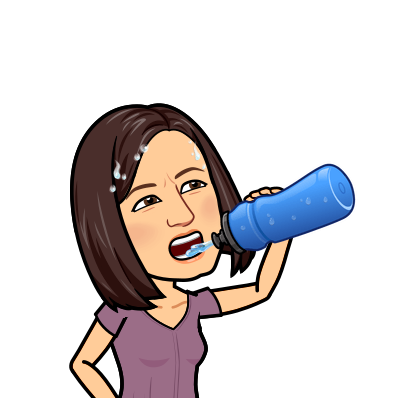
At 11:00am on Friday we will have a Meet Now in Teams on the General Channel where we can all catch up and share what we’ve been doing. Hearing your voices is the best part of the week!

**Learning at Home Grid**

**Week 11**

**15th June – 19th June 2020**

Additional tasks are available on Teams if you want to do more



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| --- | --- | --- | --- |
| **Numeracy/Maths** | **Literacy** | **Health & Wellbeing** | **Across the Curriculum** |
| White Rose **Daily** Lessons  There is a separate plan for maths this week because it doesn’t all fit on here. All the video links and worksheet names are on it.  There are just 2 lessons this week.  *White Rose Maths Lessons Week 11.doc* | Reading  Make sure your First Minister’s Reading Challenge Passport is up to date with everything you have read since Lockdown started.  Keep your Reading Passport safe so that you can update it with any reading you do over the holidays and also because you will need it when we go back to school. | PE – Health Fortnight  Sports day is officially 15 June, but if the weather isn’t good or if you can’t do it then for whatever reason, please do your activities by noon on Thursday. Upload your finished results to the link in the Pack or on Teams in the Health and Wellbeing channel.  *At-Home-Sports-Day-Pack.doc* | French  [www.linguascope.com](https://www.linguascope.com/secure/students/elementary/html5/bin/main.php?language=french&activity=listen)  Beginners>French>Alimentation>Les Fruits  **Présentation** – listen and repeat (revision)  **Trouve les legends**  Choose any other game/s to practise.  Worksheet – *Les Fruits.pdf* |
| Flashback Cards  Do one each day.  *Flashback Cards.pdf*  Additional/Optional Maths  *- analogue time 15 minute intervals*  *- analogue time 5 minute intervals*  *- analogue time 15 minute intervals draw hands*  *- analogue time 5 minute intervals draw hands* | Spelling/Grammar   * Spelling Lists – write your words out 6 times **and** do 2 other activities. * Complete the new challenge I have set for your group on Sumdog. 60 coins for 60 correct answers. * There is also a 90 coin Sumdog Grammar challenge this week. Sumdog will identify the skills you need to work on.   *Week 11 Spelling [group name]* | PE – Health Fortnight  You should aim to do as many activities from the pack as possible. You can do other activities that you think of. There are lots of links and suggestions for you. Upload photos and short videos to Teams or email them to me.  *Health-Week-Pack.doc* | IDL – Africa - Drought  How it affects people: <https://www.bbc.co.uk/newsround/31442216>  and wildlife:  <https://www.nationalgeographic.org/video/massai-mara-drought/?utm_source=BibblioRCM_Row>  Please watch these videos with an adult. They might upset you but it is important to know about these things. |
| Sumdog Challenge (Weekly)  Everyone has a 120 coin Length and Time challenge this week (available Mon 8:50am-Fri 12:05pm):  I**f you get wrong answers, please take time to read the corrections when you have finished each game. That is how you will learn.** |  | Online Safety at Home  These lessons are best done with a parent or other adult so that you can discuss the issues covered in the video. The document has discussion points and activities listed on it.  *thinkuknow-8-10s-home-activity-sheet-4*  To help you write your message to Ellie, please go to <https://www.thinkuknow.co.uk/8_10/worried> | *RME -* Special Places  Jewish Synagogue  <https://www.bbc.co.uk/bitesize/clips/z4mxfg8> Watch the video then read through the ppt/pdf about the Synagogue. The pdf does not display the information as well as the ppt. Use the ppt if you can.  *Lesson Presentation Jewish Synagogue.pdf/ppt*  *Parts of a Synagogue Matching Activity.pdf* **(page 5 only)** |

All documents can also be found on the LVPS Blog.

On Teams, the documents will be arranged in separate channels under an announcement with the week number:

Weekly Grid and direct link to blog page – **Important Messages**

White Rose Maths, Flashbacks etc – **Numeracy and Maths**

Reading, Writing and Spelling – **Literacy**

Health and Wellbeing incl PE – **Health and Wellbeing**

All other subjects – **Learning Across the Curriculum**

Additional learning activities – **Optional Learning**

Plans, documents and links to all previous learning are still on Teams and the Blog.

Linguascope Login info: See Teams>Important Messages and scroll up to find the post **or**

Teams>General>Files>Class Materials>Useful Websites

Don’t forget Hit the Button has lots of games for tables, number bonds, fact families and more.

Try some of the Maths in Action challenges on the Maths Channel on Teams.

You can still choose to do Read Theory even if it’s not on the grid.

Epic Books is available during school hours. However you can get it free 24/7 if you sign up using the email in your GLOW email account.